

Nothing At All

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Ivonne Verhagen (NL) - March 2024
音樂: Nothing At All - Douwe Bob



Intro: 36 Counts, Start at approx 35 secs

SEC 1 Nightclub Basic, ¼ Step Sweep, Cross, Back, Back Rock, Run, Run, ⅜ Pivot

1-2& Step right to right, step left beside right, cross right over left
3 Turn ¼ left step left forward sweeping right from back to front (9:00)
4& Cross right over left, step left back
5-6 Rock right back, recover weight onto left
***Restart Here on Wall 2 & 6, Turn ¼ right to restart**
&7-8 Step right forward, step left forward, pivot ⅜ right transferring weight on to right (1:30)

SEC 2 Run, Run Sweep, ⅜ 3 Count Jazzbox, 3 Count Jazzbox Sway, Sway, ¼ Step Sweep, Step, ½ Pivot

&1 Step left forward, step right forward sweeping left from back to front
2&3 Cross left over right, turn ⅜ left step right back, step left to left (12:00)
4& Cross right over left, step left back
***Restart Here on Wall 4**
5-6 Step right to right swaying body right, sway body left
7 Turn ¼ right step right forward sweeping left from back to front (3:00)
8& Step left forward, pivot ½ right transferring weight on to right (9:00)

SEC 3 Lunge, Back, ¼ Side Lunge, ½ Recover Sweep, Touch Dip, Side, Cross Sweep, Weave Sweep

1-2& Lunge left forward, recover weight onto right, step left back
3 Turn ¼ right lunge right to right
4 Turn ¼ left recover weight onto left turn ¼ left sweeping right from back to front (6:00)
5-6 Touch right beside left bending both knees, step right to right
7 Cross left over right sweeping right from back to front
8&1 Cross right over left, step left to left, step right behind left sweeping left from front to back

SEC 4 Behind, Side, ⅜ Rock, Recover Sweep, Back Sweep, Coaster Step, Step, ⅜ Spiral

2& Step left behind right, step right to right
3-4 Turn ⅜ right rock left forward, recover weight onto right sweeping left from front to back (7:30)
5 Step left back sweeping right from front to back
6&7 Step right back, step left beside right, step right forward
8& Step left forward, spiral ⅜ turn right hooking right over left (6:00)
