

A Bit More

拍數: 32 牆數: 4 級數: Intermediate
編舞者: EWS Winson (MY) - April 2024
音樂: Just a Little Bit More (feat. Matthew James) - The Busker



Intro : 24 counts in (Approx 0.14 sec)

Note(s) : There are 2 Tags. Tag happens at the end of Wall 2. Tag- happens on Wall 5 after 16 counts.

Sequence : -

#1 (1-8) R Ball, L Cross, R Side, R-L Side Heel Swivel, L Ball, R Cross Weave, R Touch, R Side, L Touch, L Side

&1-2 Weight on LF: Close RF beside LF (&), cross LF over RF (1), step RF to R side (2) 12.00
3&4& Swivel both heels to R-L-R sides (3-&-4), close LF beside RF (&) 12.00
5&6& Cross RF over LF (5), step LF to L side (&), cross RF behind LF (6), step LF to L side (&) 12.00
7&8& Touch R toes beside LF (7), step RF to R side (&), touch L toes beside RF (8), step LF to L side (&) 12.00

#2 (9-16) R Reversed Jazz Box ¼ (L) with L Cross & Knee Popped, R Side Rock & Recover, R Forward Kick, R Cross, L Side Rock & Recover, L Forward Kick, L Cross

1-4 Cross RF behind LF popping L knee forward (1), turn ¼ L crossing LF behind RF while popping R knee forward (2), step RF to R side popping L knee forward (3), cross LF over RF popping R knee forward (4) 9.00
5&6& Rock RF to R side (5), recover weight on LF (&), kick RF forward (6), cross RF over LF (&) 9.00
7&8& Rock LF to L side (7), recover weight on RF (&), kick LF forward (8), cross LF over RF (&) *** 9.00

Tag- here on Wall 5. Dance the Tag part up to 28 counts. Begin the dance again, facing 6.00 o'clock.

#3 (17-24) R Side & L Heel Grind, L Recover & R Sweep, R Sailor ½ (R) with R Forward, L-R Syncopated Forward Lock Steps

1-2 Step RF to R side grinding L heel out to L side (1), recover L heel in place while sweeping RF from front to back (2) 9.00
3&4 Turn ½ R crossing RF behind LF (3), step LF to L side (&), step RF forward (4) 3.00
5&6 Step LF forward to L diagonal (5), lock RF behind LF (&), step LF forward to L diagonal (6) 3.00
&7&8 Step RF forward to R diagonal (&), lock LF behind RF (7), step RF forward to R diagonal (&), step LF forward (8) 3.00

#4 (25-32) R-L Syncopated Side Press Steps, R-L Mike Tyson Step

1&2& Press RF to R side (1), recover weight on LF while crossing RF slightly behind LF (&), press LF to L side (2), recover weight on RF while crossing LF slightly behind RF (&) 3.00
3&4& Press RF to R side (3), recover weight on LF while crossing RF slightly behind LF (&), press LF to L side (4), recover weight on RF while crossing LF slightly behind RF (&) 3.00 3.00
5&6& Kick RF forward (5), step RF in place (&), kick LF forward (6), step LF in place (&) 3.00
7&8 Kick RF forward to R diagonal (7), hook RF over L knee (&), kick RF forward to R diagonal (8) *** 3.00

Tag here at the end of Wall 2. Begin the dance again, facing 6.00 o'clock.

R Basic Nightclub, ¼ (L) with L Forward & R Sweep, R Cross, L Side

1-4 Step RF to R side (1), drag L toes towards RF (2), rock LF behind RF (3), recover weight on RF slightly crossing over LF (4)
5-8 Turn ¼ L stepping LF forward while sweeping RF from back to front for 2 counts (5-6), cross RF over LF (7), step LF to L side (8)

R Back Rock, Hold, L Recover, ½ (L) with R Back, ¼ (L) with L Side, R Touch, R Side, L Touch

- 1-4 Rock RF back (1), hold for 1 count (2), recover weight on LF (3), turn ½ L stepping RF back (4)
- 5-8 Turn another ¼ L stepping LF to L side (5), touch R toes beside LF (6), step RF to R side (7), touch L toes beside RF (8)

L Basic Nightclub, ¼ (R) with R Forward & L Sweep, L Cross, R Side

- 1-4 Step LF to L side (1), drag R toes towards LF (2), rock RF behind LF (3), recover weight on LF slightly crossing over RF (4)
- 5-8 Turn ¼ R stepping RF forward while sweeping LF from back to front for 2 counts (5-6), cross LF over RF (7), step RF to R side (8)

L Back Rock, Hold, R Recover, ½ (R) with L Back, ¼ (R) with R Side, L Modified Jazz Box with L Side

- 1-4 Rock LF back (1), hold for 1 count (2), recover weight on RF (3), turn ½ R stepping LF back (4) *** (Tag- is until here)
- 5-8 Turn another ¼ R stepping RF to R side (5), cross LF over RF (6), step RF back (7), step LF to L side (8)
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