

Catch My Wave

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Tim Johnson (UK) - April 2024
音樂: Catch My Wave - KENA



Count In: Dance begins after 4 counts (on the words "look out")

Notes: 16 count tag happens at the end of wall 1 and wall 3 (on the second tag at the end of wall 3, add 4-counts walking round $\frac{3}{4}$ turn, ending at 6 o'clock) .

[1-8] R rock recover, weave left, $\frac{1}{4}$, $\frac{1}{4}$ point, weave left.

1 -2 Rock R out to right side (1) recover weight onto L (2)
3&4 Step R behind L (3) Step L to left side (&) Step R over L (4)
5 -6 Making a $\frac{1}{4}$ turn left, step forward on L (5) Making another $\frac{1}{4}$ turn left, point R out to right side (6)
7&8 Step R behind L (7) Step L to left side (&) Step R over L (8)

***end facing 6.**

[9-16] Walk L, R L shuffle, $\frac{1}{4}$, touch, side, $\frac{1}{4}$ bounce bounce.

1-2 Walk forward L (1) Walk forward R (2)
3&4 Step forward L (3) Step R behind L (&) Step forward L (4)
5-6 -7 Making a $\frac{1}{4}$ turn left, step R out to right side (5) touch L next to R (6) Touch L out to left side as you look to the left (7)
&8 Making a $\frac{1}{8}$ th of a turn left, bounce both heels to the right (&) Making a $\frac{1}{8}$ th of a turn left, bounce both heels to the right (8)

***End facing 12, with weight on R – for styling, on the second bounce you can sit your weight back into your hip**

[17-24] Walk L, R, L shuffle, & collect, R cross, $\frac{1}{4}$, $\frac{1}{2}$ shuffle.

1-2 Walk forward L (1) Walk forward R (2)
3&4 Step forward L (3) step R behind L (&) step forward L (4)
&5-6 Making an $\frac{1}{8}$ turn left, step R to right side (&) step L next to R (5) Cross R over L (6)
7-8& making a $\frac{3}{8}$ th of a turn right, step back on L (7) making a $\frac{1}{6}$ th of a turn right, step round on R (8) making a $\frac{1}{6}$ th of a turn right, step L behind R (&)

[25-32] L mambo, R step back, $\frac{1}{4}$ behind, $\frac{1}{4}$, forward, out, out R, L

1 Making a $\frac{1}{6}$ th of a turn right, step forward on R (1) *finishing your half shuffle, end facing 9.
2&3-4 Rock L forward (2) recover weight onto R (&) step back on L (3) step back R (4)
5-6-7 Making a $\frac{1}{4}$ turn right, step L behind R (5) Making a $\frac{1}{4}$ turn right, step forward R (6) step forward L (7)
&8 Step R out to right side (&) Step L out to left side (8)

***End facing 3**

TAG (16 counts).

[1-8] Switch R&L&R touch, switch L&R&L touch.

1&2 Touch R out to right side (1) Step R next to L (&) touch L out to left side (2)
&3-4 Step L next to R (&) big step R out to right side, dragging L up to R (3) touch L next to R (4)
5&6 Touch L out to left side (5) step L next to R (&) touch R out to right side (6)
&7-8 Step R next to L (&) big step L out to left side, dragging R up to L (7) touch R next to L (8)

[9-16] R cross rock & L cross rock, $\frac{1}{2}$, $\frac{1}{2}$, L sailor step

1-2 Cross rock R over L (1) recover weight onto L (2)
&3-4 Step R to right side (&) Cross rock L over R (3) recover weight onto R (4)
5-6 Making a $\frac{1}{2}$ turn over left, step back on L (5) making a $\frac{1}{2}$ turn over left, step back on R (6)

7&8

Step L behind R (&) step R to right side (&) step L to left side (8)

****on the second tag that faces 9, add the following 4 counts to the end of the tag****

- The following counts happen after the sailor step-Making a $\frac{3}{4}$ turn right, walk round R (1), L (2), R (3), L (4)
- You should end facing the back wall, ready to start the dance again.

End of dance, Smile and enjoy ☐
