

Breathe Easy

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Becky Hawthorne (USA) - April 2024
音樂: Breathe - Faith Hill



Intro: 16 counts. Dance starts one count before the vocals.

One restart, no tags

Section 1: SIDE ROCK, BEHIND, SIDE CROSS, NIGHTCLUB X 2

1, 2 Rock RF to R side, Recover weight to LF
3 & 4 Step RF behind L, Step LF to L side, Cross RF over L
5, 6& Step LF big step to L, Rock RF behind L, Recover weight forward onto LF
7, 8& Step RF big step to R, Rock LF behind R, Recover weight forward onto RF

Section 2: SIDE, 1/4 FORWARD, RUN, RUN, RUN, FORWARD ROCK, COASTER

1, 2 Rock LF to L side, 1/4 Recover weight forward onto RF (3:00)
3 & 4 Run LF, Run RF, Run LF
5, 6 Rock RF forward, Recover weight back on LF
7 & 8 Step RF back, Step LF next to RF, Step RF forward

Section 3: FORWARD ROCK, 1/2 SHUFFLE, SIDE ROCK, CROSS, SIDE ROCK, CROSS

1, 2 Rock LF forward, Recover weight back on RF
3 & 4 1/4 Step LF to L side, Step RF next to LF, 1/4 Step LF forward (9:00)
5 & 6 Rock RF to R side, Recover weight onto LF, Cross RF over L
7 & 8 Rock LF to L side, Recover weight onto RF, Cross LF over R

RESTART HERE ON WALL 4

Section 4: 1/4 SHUFFLE, CROSS ROCK, 1/4 SHUFFLE, CROSS ROCK

1 & 2 1/8 Step RF to R side, Step LF next to RF, 1/8 Step RF to R side (12:00)
3, 4 Cross LF over R, Recover weight back on RF
5 & 6 1/8 Step LF to L side, Step RF next to LF, 1/8 Step LF to L side (9:00)
7, 8 Cross RF over L, Recover weight back on LF

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