

Something on My Mind

拍數: 64 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - April 2024
音樂: Something On My Mind - Purple Disco Machine, Duke Dumont & Nothing But Thieves : (Spotify/YouTube Music/Deezer/Apple Music)



Please feel free to contact me if you need any further information.
(hirokoclinedancing@gmail.com) (Intro: 32 counts)

[S1] R Broncho, 1/4R-Fwd-1/2R-1/2R-

1 2 3 4 Touch R toe to the side, Lift R knee across body, Touch R toe to the side, Lift R knee across body
5 6 7 8 Make a ¼ turn right stepping forward on R (3:00), Step forward on L, Make a ½ turn right recover weight on R (9:00), Make a ½ turn right stepping back on L (3:00)-

[S2] -1/4R into L Broncho, Side Rock, Sailor 1/2L-Cross

1 - Make a ¼ turn right stepping R to the side (6:00)
2 3 4 Lift L knee across body, Touch L toe to the side, Lift L knee across body
5 6 Rock L to the side, Replace weight on R -prep for hinge L turn
7&8 Make a ¼ turn left stepping L behind R, Make a ¼ turn left stepping R beside L (12:00), Cross L over R

[S3] 1/4L Shuffle Back, 1/2L Shuffle Fwd, 1/4L-Touch, Kick-Ball-Cross-&-

1&2 Making a ¼ turn left shuffle back on R-L-R (9:00)
3&4 Making a ½ turn left shuffle forward on L-R-L (3:00)
5 6 Make a ¼ turn left stepping R to the side (12:00), Touch L toe next to R
7&8& Kick diagonally forward on L, Ball step L in place, Cross R over L, Step L beside R-

[S4] -Cross, 1/4R, Back Mambo, Step-Pivot 1/2R, Shuffle Fwd

1 2 - Cross R over L, Make a ¼ turn right stepping back on L (3:00)
3&4 Rock back on R, Replace weight on L, Step forward on R
5 6 Step forward on L, Make a ½ turn right recover weight on R (9:00)
7&8 Shuffle forward on L-R-L
- Restart here on Wall 5 (9:00)

[S5] Fwd Rock, Back-Heel Fan, Shuffle Back, Back-Heel Fan

1 2 Rock forward on R, Replace weight on L
3&4 Step back on R body facing 10:30, Fan both heels out, Heels back in-weight ends on R
5&6 Shuffle back on L-R-L (9:00)
7&8 Step back on R body facing 10:30, Fan both heels out, Heels back in-weight ends on R

[S6] Back-Heel Fan, Back Rock, Roll R into Shuffle Fwd

1&2 Step back on L body facing 7:30, Fan both heels out, Both heels back in-weight ends on L
3 4 Rock back on R (9:00), Replace weight on L
5 6 Step forward on R, Make a ½ turn right stepping back on L (3:00)
7&8 Make a ½ turn right shuffle forward on R-L-R (9:00)

[S7] Side, Behind, Triple 1 ¼L, Step-Pivot 1/2L, Shuffle Fwd

1 2 Step L to the side, Step R behind L
3&4 - Triple 1¼L turn- Make a ¼ turn left stepping forward on L, Make a ½ turn left stepping back on R, Make a ⅜ turn left stepping forward on L (7:30)
5 6 Step forward on R, Make a ½ turn left recover weight on L (1:30)
7&8 Shuffle forward on R-L-R

[S8] Roll R, Fwd, Fwd Rock, 1/8R Side, Hold, Behind-Side-Cross

- 1 2 Make a ½ turn right stepping back on L, Make a ½ turn right stepping forward on R (1:30)
3 4& Step forward on L, Rock forward on R, Replace weight on L
5 6 Make a ¼ turn left stepping R to the side (3:00), Hold
7&8 Step L behind R, Step R to the side, Cross L over R

Restart on Wall 5 count 32 (9:00)

Ending suggestion: The last wall starts facing 12:00. Dance up to count 32 (9:00). Make a swift ¼ turn right stepping L to the side (12:00)

(updated: 3/Apr/24)
