

Sekali Ini Saja

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BY STEPHEN

拍數: 16 牆數: 4 級數: Improver
編舞者: Ayek Lesmana (INA) - February 2024
音樂: Sekali Ini Saja - Glenn Fredly



Start on Vocal - No Tag No Restart

I. FORWARD STEP – SWEEP – CROSS OVER – SIDE STEP – BACK STEP – SWEEP – CROSS BEHIND – ¼ TURN LEFT – FORWARD STEP - 1/8 TURN LEFT – HALF DIAMOND

- 1 – 2& Step RF forward Sweep LF, Cross LF over RF, Side RF to side
- 3 – 4& Step LF back Sweep RF, Cross RF behind LF, Turn ¼ left Step LF forward
- 5 – 6& Turn 1/8 left Step RF to side, Step LF back, Step RF back (7:30)
- 7 – 8& Turn ¼ left Step LF to side, Step RF forward, Step LF forward (4:30)

II. 1/8 TURN LEFT - BASIC NIGHT CLUB - 1/8 TURN LEFT - FULL SPIRAL TURN – FORWARD STEP – ½ TURN RIGHT – BACK STEP – ¼ TURN RIGHT – BASIC NIGHT CLUB – 1/8 TURN RIGHT - SIDE STEP – BACK ROCK – RECOVER

- 1 – 2& Turn 1/8 left Step RF to side, Cross LF slightly behind RF, Cross RF over LF
- 3 – 4& Turn 1/8 left Step L forward Spiral full turn right, Step RF forward, Turn ½ right Step LF back
- 5 – 6& Turn ¼ right Step RF to side, Cross LF slightly behind RF, Cross RF over LF
- 7 – 8& Turn 1/8 right Step LF to side (squaring 9 o'clock), Rock RF back, Recover on LF

Enjoy the dance.

Contact : ayeklesmana@gmail.com

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