

# Stick Season

拍數: 64      牆數: 4      級數: Phrased High Improver  
編舞者: Colin Ghys (BEL) - February 2024  
音樂: Stick Season - Noah Kahan



**Intro: 8 Counts, Start at approx 4 secs**

**Sequence: A, A, B, A, A (8 Counts), A, A, A, A, B, A, A**

## Part A

### SEC 1 Heel Switches, Touch Forward, Heel Twist, Together, Rock, ½ Shuffle

1&2&      Touch right heel forward, step right beside left, touch left heel forward, step left beside right  
3&4      Touch right forward, twist right heel to right, twist right foot to centre  
&5-6      Step right beside left, rock left forward, recover weight onto right  
7&8      Turn ½ left step left forward, step right beside left, step left forward (6:00)

**Restart Here 4th time Part A is danced, Change 7&8 to the following then restart**

7&8      Step left back, step right side left, step left forward

### SEC 2 Side, Together, Side Shuffle, Cross Rock, 1¼ Turning Triple Step

1-2      Step right to right, step left beside right  
3&4      Step right to right, step left beside right, step right to right  
5-6      Cross rock left over right, recover weight onto right  
7&8      Turn ¼ left step left forward, turn ½ left step right back, turn ¾ left step left to left (4:30)

### SEC 3 Walk, Walk, Mambo Step, Back, Back, Back Drag

1-2      Step right forward, step left forward  
3&4      Rock right forward, recover weight onto left, step right back  
5-6      Step left back, step right back  
7-8      Step left back dragging right heel towards left over 2 counts

### SEC 4 Coaster Step, Touch Forward, ¼ Point, Coaster Step, Step, ½ Pivot

1&2      Step right back, step left beside right, step right forward  
3-4      Touch left forward, turn ¼ left point left to left (3:00)  
5&6      Step left back, step right beside left, step left forward  
7-8      Step right forward, pivot ½ left transferring weight on to left (9:00)

**Part B first one facing 6:00 second one facing 3:00**

### SEC 1 Slide, Hold, Behind, Side, Cross Rock, ¼ Shuffle

1-2      Big step right to right, hold  
3-4      Step left behind right, step right to right  
5-6      Cross rock left over right, recover weight onto right  
7&8      Step left to left, step right beside left, turn ¼ left step left forward (3:00)

### SEC 2 ¼ Slide, Hold, Behind, Side, Cross Rock, Side, Cross

1-2      Turn ¼ left big step right to right, hold  
3-4      Step left behind right, step right to right  
5-6      Cross rock left over right, recover weight onto right  
7-8      Step left to left, cross right over left

### SEC 3 Slide, Hold, Behind, Side, Cross Rock, ¼ Shuffle

1-2      Big step left to left, hold  
3-4      Step right behind left, step left to left  
5-6      Cross rock right over left, recover weight onto left

7&8 Step right to right, step left beside right, turn  $\frac{1}{4}$  right step right forward (3:00)

**SEC 4  $\frac{1}{4}$  Slide, Hold, Behind, Side, Cross Rock, Side, Step**

1-2 Turn  $\frac{1}{4}$  right big step left to left, hold (6:00)

3-4 Step right behind left, step left to left

5-6 Cross rock right over left, recover weight onto left

7-8 Step right to right, step left forward

**Enjoy !**

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