

Colt 45

拍數: 48 牆數: 4 級數:
編舞者: Chanthai Insixiengmay (USA) - April 2024
音樂: colt 45



SECTION 1 – Forward Walk w/ point, Walk back w/ point

1-8 Walk Forward R-L-R, Point L to L side, Walk Back L-R-L, Point R to R

• RESTART HERE 4th wall

SECTION 2 – Cross steps L w/ point, Cross steps R w/ ¼ turn R (facing 3 o'clock)

1-8 Cross step R over L, Step L to L, Cross step R over L, Point L to L, Cross step L over R, Step R to R, Cross step L over R, ¼ turn R step R

SECTION 3 – L rock recover R coaster L, Heels w/ ¼ turn L

1-2, 3&4 L rock forward, recover R, coaster L – step back with L, bring R to L, Step L forward

5&6&7-8 R heel forward, Step R in place, L heel forward, Step L in place, Step R forward, turn ¼ L take weight L (facing 12 o'clock)

SECTION 4 – Heels w/ ¼ turn x2

1&2&3-4 R heel forward, Step R in place, L heel forward, Step L in place, Step R forward, turn ¼ L take weight L (facing 9 o'clock)

5&6&7-8 R heel forward, Step R in place, L heel forward, Step L in place, Step R forward, turn ¼ L take weight L (facing 6 o'clock)

• RESTART HERE on 3rd wall

SECTION 5 – Hip Rolls R,L,R,L at 2 counts each

1-2, 3-4 Roll hips back from L to R, Roll hips back from R to L

5-6, 7-8 Roll hips back from L to R, Roll hips back from R to L

Tag 1 (Wall 2 facing 6 o'clock, Wall 5 facing 12 o'clock, Wall 8 facing 6 o'clock) After Section 1 (first 8) do Section 5 Hip rolls with varied ending where you turn ¼ R on last hip roll and take weight to R so dance can resume with Section 3 (L rock recover coaster)

Tag 2 (end of Wall 6) RESTART COMBO After end of Wall 6 walk forward R-L then RESTART with walk forward to start wall 7