

Still The One I Love

COPPER KNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: Intermediate
編舞者: Jun Andrizal (INA) & Lily Kho (INA) - April 2024
音樂: You're Still the One - Shania Twain



SECTION 1. BASIC NC (L), 1/4 TURN L, 1/4 TURN L, WALK DIAGONNALLY,, ROCK FORWARD, BACK, BACK ROCK, 1/2 TURN L, BACK

1,2& Step LF to L side, Cross RF slightly behind LF, Recover on LF
3,4& Make 1/4 turn L, Make 1/4 turn L. Cross RF over LF
5,6& Step LF forward diagonally, Step RF forward, Recover on LF
7,8& Backward on RF, Recover on LF. Make 1/2 turn L, back on RF

****Restart Wall 5 on 7count & on 8& count Change Step (Recover on LF, Make 5/8 turn L) & Restart (12.00)**

SECTION 2. ROCK BACK , 1/2 TURN R, 3/8 TURN R, SWEEP, CROSS, DIAMOND 1/4, SLIGHTLY CLOSE, SIDE, BEHIND, SIDE

1,2& Backward on LF, recover on RF, Make 1/2 Turn L back on LF
3,4& Make 3/8 Turn R with sweep on LF from back to infront, Cross LF over RF, Step RF to R
5,6& Make 1/8 turn R, step back on LF, step back on RF, step LF to L side (slightly RF to LF)
7,8& Step RF to R side, Cross LF behind RF, Step RF to R side

SECTION 3. CROSS ROCK, SIDE, 1/8 TURN L, ROCK FORWARD , 1/2 TURN R FORWARD, 1/2+1/8TURN R WITH RONDE SWEEP, CROSS, BACK, SIDE , CROSS, BACK, SIDE

1.2& Cross LF over RF, recover on RF. Step LF to L side
3,4& Make 1/8 turn L, Step RF forward, recover on LF, Make 1/2 turn R (weight on RF)
5,6& Make 1/2 + 1/8 turn R with Ronde Sweep on LF, Cross LF over RF, Step back on R
7,8& Step LF to L side, Cross RF over LF. Step back on LF

SECTION 4. DIAMOND 1/4, TOUCH BESIDE, SLIDE, BEHIND, 1/4 TURN L

1.2& Step RF to R side, make 1/8 turn R, Step forward on LF, Step forward on RF
3,4& Make 1/8 turn R. Step LF to L, make 1/8 turn R. Step back on RF,. Step back on LF
5,6. Make 1/8 turn R, Step RF to R, Touch on LF beside RF
7,8& Slide LF to L side, Cross RF behind LF, Make 1/4 turn L

****Restart on Wall 2 after 31 count and on count 32 Change Step (Step RF beside LF) & Restart**

SECTION 5. PENCIL TURN, PRISSY WALK, LOCK SHUFFLE, PIVOT 1/2TURN R, FORWARD ROCK, 1/2 TURN L, 1/2TURN R. (Start again on 6 o'clock)

1,2,3 Make 1/2 turn L, Pencil turn, Step RF cross over LF, Step LF cross over RF
4&5 Step RF forward, Step Lock on LF, Step RF forward
6&7& Step forward on LF, Make 1/2 turn R, step LF forward, recover on RF
8& Make 1/2 turn L, forward on LF, Make 1/2 turn L, back on RF

Start dance again on 6 oclock

Happy Dancing & Keep Smile..

Contact Person

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