Ice Ice Baby

拍數: 48

級數: Improver

編舞者: Joy Liu (USA) - April 2024

音樂: Ice Ice Baby - Vanilla Ice

Start dance after lyrics "Yo VIP, let's kick it" (after 16 Counts),

S1. (Start with RF) Forward-Forward-Back-Close

- 1-2 Step RF forward
- 3-4 Step LF forward
- 5-6 Step RF back in a big step

(Arm styling option: cross wrists in front of your tummy, then quickly throw arms open with force diagonally in a straight line, right arm up, left arm down)

- 7-8 Drag LF back next to RF, switch weight onto LF
- (Arm styling option: put both arms down)
- S2. Repeat Section 1
- S3. Sidestep-Close-Forward-Forward-Kickball Touch
- 1-2 Step RF to right side

(Arm styling option: raise right arm forward to shoulder level with fingers open upward on 1, pull right arm back in a fist to right chest on 2)

3-4 Pull RF back next to LF with toe touch

(Arm styling option: put right forearm above your forehead, left forearm under your chin with a sharp force, like protecting your face)

- 5-6 Step RF forward, Step LF forward
- 7&8 Kick RF forward, Close RF beside LF, Touch LF to side

S4 Left Shuffle-Right Shuffle-Step-Close-Step-Stomp

1&2 Step LF to side, Close RF next to LF, Step LF side

(Arm styling option: raise both arms upward to your right with right arm higher, and left arm lower)

3&4 Step RF to side, Close LF next to RF, Step RF side (

Arm styling option: raise both arms upward to your left with left arm higher, and right arm lower)

- 5-6 Step LF side, drag RF next to LF
- 7-8 Step RF side, stomp LF side
- S5 Forward Touch-Drag Back-Forward Touch-Drag Back (Quarter Turn R and Repeat)
- 1-2 Forward touch RF, drag RF back
- (Arm styling: pull back left arm at shoulder level)
- 3-4 Forward touch LF, drag LF back
- (Arm styling: pull back right arm at shoulder level)
- 5-6 Make a quarter turn R and repeat 1-2
- 7-8 Repeat 3-4

S6 Forward Shuffle-Turn-Forward Shuffle-Out-Out-Squat

- 1&2 Step RF forward, Close LF next to RF, step RF forward
- 3&4 Make a quarter turn R and step LF forward, Close RF next to LF, step LF forward
- 5-6 Step RF diagonally forward, step LF diagonally forward
- 7&8 Squat, squat, squat

(Arm Styling option: put hands together above head, lower hands to chest level, then lower hands to tummy level)

Ending

End on wall 9 after section 4, with 2 extra counts of ending pose: rocking RF side, then recover



牆數:2

(body styling option: make body wave to right side, then lean body to left side with right hand in shooting gesture)

My demo on YouTube: https://www.youtube.com/watch?v=5-LDcRa6Jo0

Enjoy the dance,

Contact person : joyhongliu@yahoo.com