

Easy Hold 'Em

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Absolute Beginner
編舞者: Peter Flockhart (UK) - March 2024
音樂: TEXAS HOLD 'EM - Beyoncé



Intro 24v beats

CHA CHA BOX

1-2 Step RF side, step LF next to RF
3&4 Step RF forward, step LF to RF, step RF forward
5-6 Step LF to side, step RF next to LF
7&8 Step LF back, step RF next to LF, step LF back

BACK K STEP (Claps optional on touches)

9-10 Diagonal step back RF, touch LF next to RF
11-12 Diagonal step forward LF, touch RF next to LF
13-14 Diagonal step forward RF, touch LF next to RF
15-16 Diagonal step back LF, touch RF next to LF

RESTART HERE WALL 2 ~ 4 COUNT TAG (17-20 Bump hips R, L, R, L)

SIDE CLOSE, R SIDE CHA CHA, SIDE CLOSE, L SIDE CHA CHA

17-18 Step RF to right, step LF next to RF
19&20 Step RF to right, step LF next to RF, step RF to right
21- 22 Step LF to left, step RF next to LF
23&24 Step LF to left, step RF next to LF, step LF to left*

LEFT PADDLE TURNS – 1/4 TURNS X 4

25-26 Step RF forward, paddle 1/4 turn
27-28 Step RF forward, paddle 1/4 turn
29-30 Step RF forward, paddle 1/4 turn
31-32 Step RF forward, paddle 1/4 turn

This was choreographed specifically for broadcast on "Lorraine" on ITV on 29th March 2024

*Make 4 wall by turning ¼ turn to left on beats 23&24. Restart will happen at 9:00

<https://thecactusclub.co.uk>