

Bed On Fire

拍數: 48 牆數: 2 級數: High Intermediate
編舞者: Ria Vos (NL) - March 2024
音樂: Bed on Fire (feat. Ingrid Andress) - Teddy Swims



Intro: 8 Counts

Cross Rock-Side, Cross Rock-Side, Touch, Side, Behind, ¼ R, Step Pivot ½ R

1-2& Cross Rock R Over L, Recover on L, Step R to R Side
3&4 Cross Rock L Over R, Recover on R, Step L to L Side
&5 Touch R Next to L, Step R to R Side
6& Step L Behind R, ¼ Turn R Step Fwd on R (3:00)
7-8 Step Fwd on L, Pivot ½ Turn R (9:00)

¼ R, Cross, ¼ L Step, Step, ¼ L Cross Rock, Side, Touch-Slide-Hitch, Cross Unwind Full Turn L w/Sweep, Behind, Side

&1 ¼ Turn R Step on Ball of L to L Side, Cross R Over L (12:00)
2&3 ¼ Turn L Step Fwd on L, Step Fwd on R, ¼ Turn L Cross Rock L Over R (6:00)
&4& Recover on R, Step L to L Side, Touch Ball of R Next to L
5&6 Slide R to R Side, Hitch R (come up on L), Cross R Over L
7 Unwind Full Turn L on R Foot Sweeping L Front to Back
8& Step L Behind R, Step R to R Side

¼ R Diamond, 1/8 R Rocking Chair, Back Sweep, Behind, ¼ R, 1/8 R Sway

1-2& 1/8 Turn R Step Fwd on L, Step Fwd on R, 1/8 Turn R Step L to L Side (9:00)
3&4& 1/8 Turn R Rock Back on R, Recover on L, Rock Fwd on R, Recover on L (10:30)
5-6& Step Back on R Sweeping L, Step L Behind R, ¼ Turn R Step Fwd on R
7-8 1/8 Turn R Sway L to L Side, Sway R (3:00)

Side, Behind, Side, Cross Rock, Side Rock, Rock Back, ¼ L, ½ L, Cross Shuffle

1-2& Step L to L Side, Step R Behind L, Step L to L Side
3& Cross Rock R Over L, Recover on L
4& Rock R to R Side, Recover on L
5-6 Rock Back on R, Recover on L
&7 ¼ Turn L Step Back on R, ½ Turn L Step Fwd on L Sweeping R (6:00)
8&1 Cross R Over L, Step on Ball of L to L Side***Restart Point, Cross R Over L

½ Box Turn R, Basic L, Side, Behind w/Hitch, Behind-Side, Cross Shuffle

2& ¼ Turn R Step Back on L, ¼ Turn R Step Fwd on R (12:00)
3-4& Step L to L Side, Step R Behind L, Cross L Over R
5-6 Step R to R Side, Step L Behind R Hitch/Ronde R Front to Back
7& Step R Behind L, Step L to L Side
8&1 Cross R Over L, Step on Ball of L to L Side, Cross R Over L

½ Box Turn R, Side, Rock Back, Spiral Full Turn L, Rock Fwd, Back, Together

2& ¼ Turn R Step Back on L, ¼ Turn R Step Fwd on R (6:00)
3-4& Step L to L Side, Rock Back on R, Recover on L
5-6 Step Fwd on R Spiral Full Turn L, Step Fwd on L
7& Rock Fwd on R, Recover on L
8& Step Back on R, Step L Next to R

Restart: On wall 5 After Count 32& (6:00)

