SOP The Last Waltz (wheelchair+dancer)



拍數: 24 牆數: 0 級數: Wheelchair Dance

編舞者: Red Linda (KOR) - March 2024

音樂: The Last Waltz - Engelbert Humperdinck



Intro: 12 Counts

**Option: The wheelchair and dancer stand in a circle and prepare for the dance

SEC 1: Waltz Basic(Forward, Backward)-wheelchair+dancer

1-2-3 Roll forward with LF forward (1), RF next to LF (2), LF in place (3)
4-5-6 Roll backwards with RF backward (4) LF next to RF (5), RF in place (6)

*Restart

SEC 2: Waltz Basic(Forward, Backward)-wheelchair+dancer

1-2-3 Roll forward with LF forward (1), RF next to LF (2), LF in place (3)

4-5-6 Roll backwards with RF backward (4) LF next to RF (5), RF in place (6)

SEC 3: FWD SIDE HOLD, BACKWARD SIDE HOLD-wheelchair+dancer

1-2-3 Roll forward with Step LF fwd (1) RF side point(2), hold(3)
4-5-6 Roll backwards with Step RF back(4) LF side point(5), hold(6)

SEC 4: CROSS ROCK (L,R)-dancer

1-2-3 Cross LF over RF(1), Recover RF(2), LF next to RF (3) 4-5-6 Cross RF over LF(4), Recover LF(5), RF next to LF (6)

This is a line dance piece with SOP.

It's a dance where a wheelchair and a dancer dance together

-People with cerebral palsy or difficulty moving wheelchairs themselves

Let's have fun!!

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