

# Juice Fest

拍數: 96      牆數: 1      級數: Phrased Improver / Intermediate  
編舞者: Angéline Fourmage (FR) - 25 March 2024  
音樂: Juice Fest - Aroze



Intro: 32 count

Sequence : ABA ABA AA AA

Part A : 32 count

[1-8] Triple-Step, Out, Out, Ball, Cross, Full-Turn, Triple-Step

- 1 LF forward
- & RF next to LF
- 2 LF forward
- & RF to the R side
- 3 LF to the L side
- & RF next to LF
- 4 Cross LF over RF
- 5 Make ½ L with RF back
- 6 Make ½ L with LF forward
- 7 RF forward
- & LF next to RF
- 8 RF forward

[9-16] Heel Ground ¼ L, Ball, Heel, Touch, Together, Out, Out

- 1 L Heel forward with ¼ L
- 2 Recover to RF
- & LF next to RF
- 3 Touch heel forward
- & RF next to LF
- 4 Touch LF next to RF
- & LF back Out
- 5 RF back Out (Stay weight on LF)
- 6 Hold
- 7 Cross RF over LF
- & LF to the L side
- 8 Cross RF on LF

[17-24] Kick, Ball, Cross, Kick, Ball, Cross, RockStep, Sailor-Step ½ L

- 1 Kick LF on L diagonal
- & LF next to RF
- 2 Cross RF next to LF
- 3 Kick LF on L diagonal
- & LF next to RF
- 4 Cross RF next to LF
- 5 LF on L side
- 6 Recover to LF
- 7 Sailor-Step ½ L: Make ¼ L with LF back
- & Make ¼ L with RF to the R side
- 8 LF forward

[25-32] Chassé ¼ L, Mambo, Side, Mambo, Side, Heel, Together, Heel, Together

1 Make  $\frac{1}{4}$  L with RF to the R side  
 & LF next to RF  
 2 RF on R side  
 3 LF back  
 & Recover to RF  
 4 LF on L side  
 5 RF back  
 & Recover to LF  
 6 RF to the R side  
 7 Touch L heel forward  
 & LF next to RF  
 8 Touch R heel forward  
 & RF next to LF

**Part B : 64 count**

**[1-8] Weave, Rock-Step, Cross-Shuffle**

1 LF to the L side  
 2 Cross RF behind LF  
 3 LF on L side  
 4 Cross RF over LF  
 5 LF to the L side  
 6 Recover to RF  
 7 Cross LF over RF  
 & RF to the R side  
 8 Cross LF over RF

**[9-16] Rolling-Vine, Touch, Step Forward, Sweep, Step Forward, Sweep**

1 Make  $\frac{1}{4}$  R with RF forward  
 2 Make  $\frac{1}{2}$  R with LF back  
 3 Make  $\frac{1}{4}$  R with RF on R side  
 4 Touch LF next to RF  
 5 LF forward with R Sweep from back to the front  
 6 Continue R Sweep  
 7 RF forward with L Sweep from back to the front  
 8 Continue L Sweep

**[17-24] Jazz-Box  $\frac{1}{2}$  L, Touch, Step Forward, Sweep, Step Forward, Sweep**

1 Cross LF over RF  
 2 Make  $\frac{1}{4}$  L with RF back  
 3 Make  $\frac{1}{4}$  L with LF on L side  
 4 Touch RF next to LF  
 5 RF forward with L Sweep from back to the front  
 6 Continue L Sweep  
 7 LF forward with R Sweep from back to the front  
 8 Continue R Sweep

**[25-32] Rock-Step, Step  $\frac{1}{4}$  R, Hold, Cross, Back  $\frac{1}{4}$  L, Side  $\frac{1}{4}$  L, Together**

1 RF forward  
 2 Recover to LF  
 3 Make  $\frac{1}{4}$  R with RF on R side  
 4 Hold  
 5 Cross LF over RF  
 6 Make  $\frac{1}{4}$  L with RF back  
 7 Make  $\frac{1}{4}$  L with LF to the L side

8 RF next to LF

**[33-40] Weave, Rock-Step, Cross-Shuffle**

1 LF to the L side  
2 Cross RF behind LF  
3 LF on L side  
4 Cross RF over LF  
5 LF to the L side  
6 Recover to RF  
7 Cross LF over RF  
& RF to the R side  
8 Cross LF over RF

**[41-48] Rolling-Vine, Touch, Step Forward, Sweep, Step Forward, Sweep**

1 Make  $\frac{1}{4}$  R with RF forward  
2 Make  $\frac{1}{2}$  R with LF back  
3 Make  $\frac{1}{4}$  R with RF on R side  
4 Touch LF next to RF  
5 LF forward with R Sweep  
6 Continue R Sweep  
7 RF forward with L Sweep from back to the front  
8 Continue L Sweep

**[49-56] Jazz-Box  $\frac{1}{2}$  L, Touch, Step Forward, Sweep, Step Forward, Sweep**

1 Cross LF over RF  
2 Make  $\frac{1}{2}$  L with RF back  
3 Make  $\frac{1}{4}$  L with LF on L side  
4 Touch RF next to LF  
5 RF forward with L Sweep from back to the front  
6 Continue L Sweep  
7 LF forward with R Sweep from back to the front  
8 Continue R Sweep

**[57-64] Rock-Step, Step  $\frac{1}{4}$  R, Hold, Jazz-Box**

1 RF forward  
2 Recover to LF  
3 Make  $\frac{1}{4}$  R with RF on R side  
4 Hold  
5 Cross LF over RF  
6 RF back  
7 LF to the L side  
8 RF next to LF

**Smile et enjoy the dance**

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