

Get Get Get Down

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 1 級數: Intermediate
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音樂: Get Get Get Down - Pitbull, Tim McGraw & Vikina



Intro: 32 Counts, Start at approx 14 secs

SEC 1 Jump Forward, Clap, Jump Back, Clap, Side Shuffle, Touch Behind, ½ Unwind

&1-2 Step RF forward, step LF to left, clap
&3-4 Step RF back, step LF to left (weight RF)clap
5&6 Step LF to left, step RF beside LF, step LF to left
7-8 Touch RF behind LF, unwind ½ right transferring weight on to RF (6:00)

SEC 2 Ball Point, Hold, Ball Point, Hold, Ball Side, Shimmy, Together

&1-2 Step LF beside RF, point RF to right, hold
&3-4 Step RF beside LF, point LF to left, hold
&5-8 Step LF beside RF, step RF to right, shimmy over 2 counts, step LF beside RF

SEC 3 Jump Forward, Clap, Jump Back, Clap, Side Shuffle, Touch Behind, ½ Unwind

&1-2 Step RF forward, step LF to left, clap
&3-4 Step RF back, step LF to left keep weight on RF, clap
5&6 Step LF to left, step RF beside LF, step LF to left
7-8 Touch RF behind LF, unwind ½ right transferring weight on to RF (12:00)

SEC 4 Ball Point, Hold, Ball Point, Hold, Ball Side, Shimmy, Together

&1-2 Step LF beside RF, point RF to right, hold
&3-4 Step RF beside LF, point LF to left, hold
&5-8 Step LF beside RF, step RF to right, shimmy over 2 counts, step LF beside RF

SEC 5 Rock, ¾ Shuffle, Rock, ½ Step, ¼ Side Rock Cross Hitch

1-2 Rock RF forward, recover weight onto LF
3&4 Turn ¼ right step RF to right, turn ¼ right step LF beside RF, turn ¼ right step RF forward (9:00)
5-6 Rock LF forward, recover weight onto RF
7 Turn ½ left step LF forward (3:00)
&8a Turn ¼ left rock RF to right, recover weight onto LF, cross RF over LF hitching LF (12:00)

SEC 6 Hold, Ball Cross, Side Rock Cross, Point, ½ Together, Side Twist Hitch

1&2 Hold, step LF beside RF, cross RF over LF
3&4 Rock LF to left, recover on RF, cross LF over RF
5-6 Point RF to right, turn ½ right step RF beside LF (6:00)
7&8a Step LF to left twisting right heel to left, twist right toes to left, hitch right knee

SEC 7 Hold, Ball Cross, ¼ Step, Modified Rocking Chair, Step, ½ Pivot, Full Turn Shuffle

1&2 Hold, step RF beside LF, cross LF over RF
3 Turn ¼ right step RF forward (9:00)
4& Rock LF forward on left heel, recover weight onto RF
5& Rock LF back, recover weight onto RF
6-7 Step LF forward, pivot ½ right transferring weight on to RF (3:00)
&8 Turn ½ right step LF back, turn ½ right step RF forward, (3:00)

SEC 8 Dorothy Step, Step Lock, Rock, ¼ Back Rock, Step, Jump Together

- 1-2& Step LF forward to left diagonal, lock RF behind LF, step LF forward
3-4& Step RF forward to right diagonal, lock LF behind RF, step RF forward
5& Rock LF forward, recover weight onto RF
6& Turn $\frac{1}{4}$ left rock LF back, recover weight onto RF (12:00)
7-8 Step LF forward, jump feet together weight on LF

Restart Here on Wall 3

SEC 9 Side Samba, Side, Touch Behind, Rolling Vine, Touch

- 1&2 Step RF on R side, Rock LF back on ball, Recover on RF
3-4 Step LF to left, touch RF behind LF
5-6 Turn $\frac{1}{4}$ right step RF forward, turn $\frac{1}{2}$ right step LF back (9:00)
7-8 Turn $\frac{1}{4}$ right step RF to right, touch LF beside RF (12:00)

SEC 10 Samba Step, Samba Step, $\frac{1}{8}$ Step, $\frac{1}{4}$ Step, $\frac{1}{8}$ Shuffle

- 1&2 Cross LF over RF, rock RF to right, recover weight onto LF
3&4 Cross RF over LF, rock LF to left, recover weight onto RF
5-6 Turn $\frac{1}{8}$ right step LF forward, turn $\frac{1}{4}$ right step RF forward (4:30)
7&8 Turn $\frac{1}{8}$ right step LF forward, step RF beside LF, step LF forward (6:00)

SEC 11 Side Samba, Side, Touch Behind, Rolling Vine, Touch

- 1&2 Step RF on R side, Rock LF back on ball, Recover on RF
3-4 Step LF to left, touch RF behind LF
5-6 Turn $\frac{1}{4}$ right step RF forward, turn $\frac{1}{2}$ right step LF back (3:00)
7-8 Turn $\frac{1}{4}$ right step RF to right, touch LF beside RF (6:00)

SEC 12 Samba Step, Samba Step, $\frac{1}{8}$ Step, $\frac{1}{4}$ Step, $\frac{1}{8}$ Shuffle

- 1&2 Cross LF over RF, rock RF to right, recover weight onto LF
3&4 Cross RF over LF, rock LF to left, recover weight onto RF
5-6 Turn $\frac{1}{8}$ right step LF forward, turn $\frac{1}{4}$ right step RF forward (10:30)
7&8 Turn $\frac{1}{8}$ right step LF forward, step RF beside LF, step LF forward (12:00)
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