The Tractors' Boogie

拍數: 48 **牆數:** 4 **級數:** High Beginner
編舞者: Don Pascual (FR) - February 2024
音樂: Good Old Days - The Tractors

Start on vocals

Section 1: R stomp up inward, R toe fans, R kick fwd x2, R back rock step
1-4 Stomp up R inward (your R knee facing L diagonal), swivel R toe to the R, to the L, to the R
5-8 R kick fwd x2, (slightly jumping) R back step, recover onto L

Section 2: R triple step fwd, L stomp up inward, L toe fans *
1-4 Step R fwd, L beside R, step R fwd, stomp up L beside R (your L knee facing R diagonal)
5-8 Swivel L toe to the L, to the R, return to center (keeping weight on R)
*** Restart: Wall 5 facing 12 o'clock, take weight on L at the end of section 2 and restart the dance**

Section 3: L kick fwd x2, L stomp up x2, point L to the L, L beside R, point L to the L, L hook
1-4 L kick fwd x2, stomp up L beside R x2
5-8 Point L to the L, touch L beside R, point L to the L, L hook behind R

Section 4: L side shuffle making a L¼ T, tap R beside L, R back rock step x2
1-4 Step L to the L, R beside L, L ¼ T & step L fwd, tap R toe beside L
5-8 Slightly jumping: (Step R backward, recover onto L) x 2

Section 5: Jazz box R ¼ T x 2
1-4 Cross R in front of L, L back step, R ¼ T & step R to the R, step L fwd
5-8 Cross R in front of L, L back step, R ¼ T & step R to the R, step L fwd

Section 6: Stomp R fwd, hold, stomp L fwd, hold, boogie walks RLRL fwd
1-4 Stomp R fwd, hold, stomp L fwd, hold
5-6 (Legs slightly bent, your upper body staying motionless): R ball fwd (R diagonal) while swiveling your L heel to the L, L ball fwd (L diagonal) while swiveling your R heel to the R
7-8 Repeat counts 5-6

Contact: countryscal@gmail.com