

Chattahoochee

拍數: 104 牆數: 4 級數: Phrased Improver
編舞者: Rex Allott (UK) - March 2024
音樂: Sounds Like the Radio - Zach Top



Intro - 32 beats

Sequence - A,B,B,C,A,B,B,C,A(exclude S1. & S2.)B,B,C,A(S1 only),C(S3. only) to finish

A. 48c

S1. Touch R out, back, rpt L, step fwd, R, L, back L, R

- 1-2. Touch R diagonally out R, return
- 3-4. Touch L diagonally out L, return
- 5-6. Step R fwd, step L next to R
- 7-8. Step L back, step R next to L

S2. Step back R, L, fwd L, R, prissy steps R, pause, L, pause

- 1-2. Step R back, step L next to R
- 3-4. Step L fwd, step R next to L
- 5-6. Cross R over L, pause
- 7-8. Cross L over R, pause

S3. R cross shuffle back, reverse L rocking chair

- 1-2. Step R back, step L in front of R
- 3-4. Step R back, step L in front of R
- 5-6. Rock back on L, return weight to R
- 7-8. Rock fwd on L, return weight to R

S4. Full walking cross turn L, R rocking chair

- 1-2. Turning 1/2 L, cross R over L, step L next to R
- 3-4. Turning 1/2 L, cross R over L, step L next to R
- 5-6. Rock fwd on R, return weight to L
- 7-8. Rock back on R, return weight to L

S5. Syncopated vine R, kick L out L x 2, step down L, R

- 1-2. Step R to R, step L behind R
- &3-4. Step R to R, step L over R, step R next to L
- 5-6. Kick L diagonally out L x 2
- 7-8. Step L down, step R next to L

S6. Syncopated vine L, kick R out R x 2, step down R, L

- 1-2. Step L to L, step R behind L
- &3-4. Step L to L, step R over L, step L next to L
- 5-6. Kick R diagonally out R x 2
- 7-8. Step R down, step L next to R

B. 32c

S1. Step R to R, hitch L over R, weave L

- 1-2. Step R to R, hitch L across R
- 3-4. Replace L, step R next to L
- 5-6. Step R behind L, step L to L
- 7-8. Cross R over L, step L to L

S2. Step L to L, hitch R over L, weave R

- 1-2. Step L to L, hitch R across L
- 3-4. Replace R, step L next to R
- 5-6. Step L behind R, step R to R
- 7-8. Cross L over R, step R to R

S3. Cross touch R over L, L over R, R cross shuffle back

- 1-2. Cross touch R over L, touch L next to R
- 3-4. Cross touch L over R, touch R next to L
- 5-6. Cross R over L, step L back
- 7-8. Cross R over L, step L back

S4. Full walking turn R, R rocking chair

- 1-2. Turning 1/2 R, step R, L
- 3-4. Turning 1/2 R, step R, L
- 5-6. Rock fwd on R, return weight to L
- 7-8. Rock back on R, return weight to L

C. 24c

S1. 1/4 cross turn L, hip sway L, R, 1/4 cross turn R, hip sway R, L

- 1-2. Turning 1/4 L, cross R over L, step L next to R
- 3-4. Sway hips L, R
- 5-6. Turning 1/4 R, cross L over R, step R next to L
- 7-8. Sway hips R, L

S2. 1/4 cross turn L, hip sway R, L, 1/4 cross turn R, hip sway L, R

S3. 1/4 cross turn L, hip sway L, L, R, R, step back R, L

- 1-2. Turning 1/4 L, cross R over L, step L next to R
 - 3-4. Sway hips L, L
 - 5-6. Sway hips R, R
 - 7-8. Step back R, L
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