

Bila Larut Malam 2024

COPPER **NOB**
STEPSHEETS

拍數: 64 牆數: 4 級數: Beginner
編舞者: Molly Yeoh (MY) - March 2024
音樂: Bila Larut Malam - Wann, Leina Hangat, Shikin, Khairuneeza & Ismadian



Intro 36c : Starts on vocal " Bila"

No tag, no restart!

SECTION 1 (WALK FWD, HOLD) X2 - TWIST FWD

1 2, 3 4 Walk fwd RF, hold, walk fwd LF, hold
5 6 7 8 Step RF lean fwd and twist both legs RLRL (5, 6, 7,8)

SECTION 2 LEAN BACK TWIST, STEP RIGHT, STEP LEFT

1 2 3 4 Lean back weight on LF, and twist RLRL
5 6 7 8 RF step to R, LF touch to RF, LF step to L, RF touch to LF

SECTION 3 CROSS STEPS TO R, SLIDE BACK TO L

1 2, 3 4 RF step to R, hold, LF step slightly cross over RF, hold
5 6, 7 8 RF step to R, hold, LF slide back to L side, hold

SECTION 4 L PADDLE FULL TURN

1 2 3 4 (RF fwd, ¼ L turn, recover on LF), repeat
5 6 7 8 (RF fwd, ¼ L turn, recover on LF), repeat

SECTION 5 NEWYORK STEPLEFT, NEWYORK STEP RIGHT

1 2 3 4 ¼ L turn, RF step fwd recover LF, ¼ R turn back, hold
5 6 7 8 ¼ R turn, LF step fwd recover RF, ¼ L turn back, LF step to L, hold (12:00)

SECTION 6 MAMBO FWD, HOLD, MAMBO BACK, HOLD

1 2, 3 4 Rock fwd RF recover LF, RF step beside LF, hold
5 6, 7 8 Rock back LF recover RF, LF step beside RF, hold

SECTION 7 JAZZ BOX ¼ R TURN, HIP BUMP TO RIGHT

1 2 3 4 RF cross over LF, LF step back, ¼ R turn, RF step to R, LF cross RF
5 6 7 8 RF step to R, shake R bump 4 counts (free style hand styling)

SECTION 8 TWIST TO L, FWD TOUCH, BACK TOUCH

1 2 3 4 LF step to L twist LRLR to L side
5 6 7 8 Step fwd RF, LF touch to RF, step back LF, RF touch LF

Freestyle joget hand styling!

Thank you and enjoy this dance!

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