

If You Need Anything

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Chrystel DURAND (FR) - March 2024
音樂: If You Need Anything Down Here - Travis Denning



Intro : 2 x 8

[&1-8] TOUCH, SIDE, ROCK BACK, ROCK SIDE, RECOVER WITH ½ TURN, STEP FWD, ½ TURN L, ½, TURN L, 1/2 TURN L, SWEEP, BEHIND SIDE CROSS, SIDE

&1 Touch right next to left, step right to right side
2& Rock left back, recover on left
3&4 Rock left on left side, ¼ turn right recovering on right, step left forward 3.00
5& ½ turn left stepping right back , ½ turn left stepping left forward 3.00
6& ½ turn left stepping right back, sweep left around from front to back 9.00
7&8& Cross left behind right, step right to right side, cross left over right, step right to right side

[9-16 &] CROSS ROCK & CROSS ROCK, TOGETHER, CROSS, SIDE, SAILOR ¼ TURN , TOGETHER

1-2& Rock left cross over right, recover on right, step left to left side
3-4& Rock right cross over left, recover on left, step right to right side
5-6 Cross left over right, step right to right side
7&8& Cross left behind right, ¼ turn left stepping next to left, step left forward, step right next to left 6.00

[17-24&] STEP L FORWARD, ½ DIAMOND, STEP ½ STEP, SWEEP, CROSS, SIDE

1 Step L forward
2&3 Cross right over left, 1/8 turn right stepping left slightly to left side, step right back 7.30
4&5 Step left back, ¼ turn right stepping right to right side, step left forward 10.30
6&7 Step right forward (10.30), ½ turn left, step right forward 7.30
8&8 (face at 6.00) sweep L from back to front, cross left over right, step right to right side 6.00

[25-32] CROSS, ¼ TURN R, STEP ½ TURN, SHUFFLE FORWARD, STEP R FORWARD, STEP ¼ TURN CROSS

1 Cross left over right
2 ¼ turn right stepping right forward 9.00
3& Step left forward, ½ turn right (weight on right) 3.00
4&5 Step left forward, step right next to left, step left forward
6 Step right forward
7&8 Step left forward, ¼ turn right, cross left over right 6.00

TAG : at the end of wall 1(face at 6.00) and wall 2 (face at 12.00) add the 8 followings steps

[1-8] STEP TOUCH BACK SWEEP, BEHIND SIDE CROSS, STEP TOUCH BACK SWEEP, BEHIND SIDE CROSS

1&2& Step right diagonally right forward, touch left next to right, step left back, sweep R around from front to back
3&4 Cross right behind left, step left to left side, cross right over left
5&6& Step left diagonally left forward, touch right next to left, step right back, sweep L around from front to back
7&8 Cross left behind, step right to right side, cross left over right

RESTART : on wall 3, dance the first 24 counts (don't make « & « step right to right side) and restart the dance from the beginning (face at 6.00)

Final : The dance ends face at 12.00 after having done the first two steps from the start of the dance (&1)

HAVE FUN !

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