

# Cajun In Kansas AB

**COPPER KNOB**  
STEPSHEETS

拍數: 16      牆數: 4      級數: Absolute Beginner  
編舞者: Helaine Norman (USA) - March 2024  
音樂: Cajun in Kansas - The Mudbugs Cajun & Zydeco Band



Intro: 16

## I. HEEL, TOE, SHUFFLE; HEEL, TOE, SHUFFLE

1-2            Touch R heel forward, touch R toe back  
3&4           Step R forward, step L together, step R forward  
5-6           Touch L heel forward, touch L toe back  
7&8           Step L forward, step R together, step L forward

Optional for shuffles forward: Cha-cha-cha in place

## II. TOE STRUTS BACK X4; JAZZ BOX ¼ R-TURN

1&            Touch R toe back, drop R heel (with or without clap)  
2&            Touch L toe back, drop L heel (with or without clap)  
3&            Touch R toe back, drop R heel (with or without clap)  
4&            Touch L toe back, drop L heel (with or without clap)  
5&            Step R over  
6&            Step L back  
7&            Step R side making ¼ turn right (3:00)  
8&            Step L together

Optional for Jazz Box: In place of doing a 4-step jazz box, do a toe strut for each step (touch toe, drop heel)

REPEAT

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