

Ain't She

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Rob Fowler (ES) - March 2024
音樂: Ain't She - Adam Doleac



Intro: 8 counts (approx. 8s) – start on vocals

S1: Side Rock R, Recover, R Cross & Heel, Step R, Cross L, Side R, L Behind-Side-Cross

1,2 Rock R out to R side, recover on L
3&4 Cross step R over L, step L to L side (&), touch R heel to R diagonal
&5,6 Step R next to L (&), cross step L over R, step R to R side
7&8 Step L behind R, step R to R side (&), cross step L over R [12:00]

S2: Side Rock R, Recover, Cross Shuffle, Side L, Step R ¼ R, Cross Shuffle

1,2 Rock R out to R side, recover on L
3&4 Cross step R over L, step L to L side (&), cross step R over L
5,6 Step L to L side, make ¼ turn R stepping R to R side
7&8 Cross step L over R, step R to R side (&), cross step L over R [3:00]

S3: Modified Monterey, Cross L, ¼ L, L Shuffle Back

1,2 Rock R out to R side, recover on L
&3,4 Make ½ turn R stepping R next to L (&), rock L out to L side, recover on R [9:00]
5,6 Cross step L over R, make ¼ turn L stepping back on R [6:00]
7&8 Step back on L, step R next to L (&), step back on L

S4: Rock Back R, Recover, Full Turn L, Rock Fwd R, Recover, Back R, Touch L Heel, Clap Twice

1,2 Rock back on R, recover on L
3,4 Make ½ turn L stepping back on R, make ½ turn R stepping forward on L [6:00]
5,6 Rock forward on R, recover on L
&7&8 Step back on R (&), touch L heel forward, clap hands twice (&8)

S5: Step L, Rock Fwd R, Recover, Shuffle ¾ R, Rock Fwd L, Recover, Shuffle ½ L

&1,2 Step L next to R (&), rock forward on R, recover on L
3&4 Make a ¾ turn R stepping R, L (&), R [3:00]
5,6 Rock forward on L, recover on R
7&8 Make a ½ turn L stepping L, R (&), L [9:00]

RESTART 2: During WALL 4 please restart here facing 6:00

S6: Toe/Heel Switch Steps, Step R, Pivot ½ L

1&2 Point R to R side, step R next to L (&), point L to L side
&3&4 Step L next to R (&), touch R heel forward, step R next to L (&), touch L heel forward
&5&6 Step L next to R (&), touch R toes next to L, step R next to L (&), touch L heel forward
&7,8 Step L next to R (&), step forward on R, make ½ turn L (weight forward on L) [3:00]

S7: R Dorothy, Heel Switches, L Dorothy, Heel Switches

1,2& Step R diagonally forward R, lock L behind R, step R diagonally forward R (&)
3&4& Touch L heel forward, step L next to R (&), touch R heel forward, step R next to L (&)
5,6& Step L diagonally forward L, lock R behind L, step L diagonally forward L (&)
7&8& Touch R heel forward, step R next to L (&), touch L heel forward, step L next to R (&)

RESTART 1: During WALL 2 please restart here facing 6:00

S8: Rock Fwd R, Recover, R Shuffle Back, ½ Turn L Shuffle, Step R, Pivot ½ L

1,2 Rock forward on R, recover on L

3&4 Step back on R, step L next to R (&), step back on R
5&6 Make a ½ turn L stepping forward on L, step R next to L (&), step forward on L [9:00]
7,8 Step forward on R, make ½ turn L (weight forward on L) [3:00]

Start Over

RESTART SUMMARY

RESTART 1: During WALL 2 restart at the end of S7 facing 6:00

RESTART 2: During WALL 4 restart at the end of S5 facing 6:00
