

# Rabbit's Foot

拍數: 60      牆數: 2      級數: Phrased Intermediate  
編舞者: Mark Paulino (USA), Algaly Fofana (FR) & Pol F. Ryan (ES) - March 2024  
音樂: Movin' On Up (feat. Brandon Rogers) - SMO



Seq: A,B,B,A,B,B,A,B,B,A16 Restart,A,Tag,B,B $\frac{1}{2}$ Ending

Intro: 16 seconds

## Part A - 32 counts

[1-8] TOE TOUCH SWIVEL, HEEL TOUCH SWIVEL, KICK BALL CROSS, SIDE ROCK/RECOVER, BEHIND SIDE CROSS

1 2            R side toe touch with L heel swivel, R side heel touch with L toe swivel  
3&4           R diagonal kick, R ball touch besides L L cross over R  
5 6            R side rock, recover back onto L  
7&8            R cross behind L, L side step, R cross over L

[9-16]  $\frac{1}{4}$  TURN BALL STEP,  $\frac{1}{4}$  TURN WALK AROUND SHUFFLE STEP,  $\frac{1}{4}$  TURN STEP,  $\frac{1}{4}$  TURN STEP, L SHUFFLE FORWARD

&1 2            $\frac{1}{4}$  turn counter clockwise L ball touch besides R, R steps forward,  $\frac{1}{4}$  turn walk-around with L stepping forward  
3&4            R step forward, L step besides R, R steps forward  
5 6             $\frac{1}{4}$  turn clockwise with L stepping back,  $\frac{1}{4}$  turn clockwise with R stepping forward  
7&8            L steps forward, R steps besides L, L steps forward

## \*4th A Sequence - 16 Count Restart

[17-24] CHARLSTON STEP FORWARD, CHARLESTON STEP BACK, SCUFF STOMP, HEEL SWIVEL X2  $\frac{1}{2}$  TURN

1 2            Sweep R forward with ball touch forward, sweep R back into neutral weight shifting onto R  
3 4            Sweep L back with ball touch back, sweep L forward into neutral weight shifting onto L  
5&6           R scuff forward, R hitch up, R stomp forward  
7&8            $\frac{1}{2}$  turn counter clockwise heel swivel x2 (weight shift ends on R)

[25-32] L COASTER STEP,  $\frac{1}{4}$  TURN FLICK WITH SLAP, BRUSH  $\frac{1}{4}$  TURN HEEL GRIND STEP,  $\frac{1}{4}$  TURN FLICK WITH SLAP, BRUSH  $\frac{1}{4}$  TURN HEEL GRIND STEP,  $\frac{1}{2}$  TURN PADDLE

1&2            L steps back, R steps besides L, L steps forward  
&3&4           L  $\frac{1}{4}$  turn counter clockwise with R side flick and slap, R brush,  $\frac{1}{4}$  turn clockwise heel grind with R, weight shift onto R  
&5&6           R  $\frac{1}{4}$  turn clockwise with L side flick and slap, L brush,  $\frac{1}{4}$  turn counter clockwise heel grind with L, weight shift onto L  
7&8&8        ( $\frac{1}{2}$  turn sequence) R side rock, recover back on L, R side rock, recover back on L

## Part B - 24 Counts

[1-8] R SIDE STOMP, HOLD, BALL SIDE ROCK/RECOVER, SAILOR STEP, CROSS BEHIND TOE TOUCH  $\frac{3}{4}$  UNWIND

1 2            R side stomp, hold  
&3 4           L ball step besides R, R side step rock, recover back on L  
5&6           R step cross behind L, L steps besides R, R steps forward diagonally  
7 8            L cross behind R with toe touch,  $\frac{3}{4}$  turn unwind weight shifting from R to L

(At the end, perform  $\frac{1}{2}$  turn unwind instead of  $\frac{3}{4}$  turn unwind to finish facing front wall)

[9-16] HOP STEP, HOP BACK WITH R HITCH UP, PONY STEP BACK X2,  $\frac{1}{4}$  TURN STEP,  $\frac{1}{2}$  TURN STEP

1 2 Hop forward onto R, hop back onto L with R hitch up  
3&4 R steps back with L knee pop, L steps besides R, R steps back with L knee pop  
5&6 L steps back with R knee pop, R steps besides L, L steps back with R knee pop  
7 8 ¼ turn clockwise with R side step, ½ turn clockwise with L step while twisting torso towards right

**[17-24] CROSS POINT WITH FINGER SNAP, ¼ TURN STEP, ¼ TURN SHUFFLE STEP, SAILOR STEP, BEHIND SIDE CROSS**

1 2 R toe touch crossing behind L a right hand cross torso with finger snap, ¼ turn clockwise with R stepping forward  
3&4 ¼ turn clockwise with L side step R steps besides L, L side step  
5&6 R step crossing behind L, L steps besides R, R steps forward diagonally  
7&8 L cross step behind R, R side step, L cross step over R

**AFTER THE A SEQUENCE RESTART, AFTER FULL A SEQUENCE, 4 COUNT TAG - FULL TURN PADDLE**

1&2&3&4& (Full turn sequence) R side rock, recover back on L, R side rock, recover back on L, R side rock, recover back on L, R side rock, recover back on L

**Last Update: 18 Mar 2024**

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