

Things

拍數: 64 牆數: 4 級數: Upper Beginner
編舞者: Bev Vinge (AUS) - March 2024
音樂: Things - Nancy Sinatra & Dean Martin



VINE RIGHT, CROSS, SIDE, ROCK, CROSS, HOLD

1,2,3,4 Step R to side, Step L behind R, Step R to side, Cross L over R,
5,6,7,8 Step R to side, Rock on L, Cross R over L, Hold.

BACK, LOCK, BACK, SWEEP, SAILOR STEP, HOLD

1,2,3,4 Step L back, Lock R over L, Step L back, Sweep R behind ,
5,6,7,8 Step R back, Step L to side, Step R to side, Hold.

SIDE, TOGETHER, FORWARD, HOLD, SIDE, TOGETHER, BACK, HOLD

1,2,3,4 Step L to side, Step R together, Step L forward, Hold,
5,6,7,8 Step R to side, Step L together, Step R back, Hold.

SIDE, ROCK, BEHIND, SIDE, ROCK, BEHIND, SIDE, ROCK

1,2,3 Step L to side, Rock on R, Step L behind R,
4,5,6 Step R to side, Rock on L, Step R behind L,
7, 8 Step L to side, Rock on R.

STEP, LOCK, STEP, HOLD, STEP, HOLD, PIVOT ½ TURN, HOLD

1,2,3,4 Step L forward, Lock R behind L, Step L forward, Hold,
5,6,7,8 Step R forward, Hold, Pivot ½ turn Left, Hold. (weight on L) (6:00)

STEP, LOCK, STEP, HOLD, PADDLE ¼ TURN RIGHT, CROSS, HOLD

1,2,3,4 * Step R forward, Lock L behind R, Step R forward, Hold,
5,6,7,8 Step L forward, Paddle ¼ turn Right, Cross L over R, Hold. (9:00)

COASTER STEP, HOLD, SIDE, ROCK, CROSS, HOLD

1,2,3,4 Step R back, Step L together, Step R forward, Hold,
5,6,7,8 Step L to side, Rock on R, Cross L over R, Hold.

SIDE, ROCK, CROSS, HOLD, COASTER STEP, HOLD

1,2,3,4 Step R to side, Rock on L, Cross R over L, Hold,
5,6,7,8 Step L back, Step R together, Step L forward, Hold. (9:00)

[64] BEGIN AGAIN!

ENDING: Dance to Count 44 (*) Stomp L-R (12:00)