

# Old School DC

COPPERKNOB  
BY SHEETS

拍數: 86

牆數: 1

級數: Phrased Intermediate / Advanced -  
Traditional



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音樂: Old School - Donovan Chapman

SEQ: A – A – B – A - A(11c) - break(14c) – C - C+tag(4c) - C+tag(4c) - C

Intro : 4 x 7 « A time OUT was.... »

L = left, R = right, LF = left foot, RF = right foot

## PART A (14c)

**(1-7) Side Step R, Cross Rock Back L, Side Step L, Behind-Side-Cross R, Cross L over R (with Sweep), Step Back R, Switch L**

1-2&3 RF to R, « Cross Rock Back » syncopated : cross LF behind RF – recover on RF, LF to L

4&5 « Behind-Side-Cross » : cross RF behind LF – LF to L – cross RF over LF

6-7& « Sweep » with LF forward and cross LF over RF, RF back, LF next to RF

**(8-14) Cross Rock Step Fwd R, Switch R, Cross Rock Fwd L, Switch L, Step Fwd R, Side Point L, Step Back L, Side Point R, Step Back R, Switch L**

1-2& « Cross Rock Fwd » : cross RF over LF (direct the body diagonally L) – recover on LF, RF next to LF

3-4& « Cross Rock Fwd » : cross LF over RF (direct the body diagonally R) – recover on RF, LF next to RF

5&6& RF forward, point LF to L, LF back, point RF to R

7& RF back, LF next to RF

## PART B (16c)

**(1-8) Step Fwd R, Step turn ½ L, Step Fwd R, Triple Full Turn R, Side Step L with Sway x3 L-R-L**

1 RF forward

2&3 « Step Turn ½ » : LF forward – ½ turn R (onto RF), LF forward 6H

4&5 « Triple Full Turn » : ½ turn L and RF back – ½ turn L and LF forward – RF forward 12-6H

6-7-8 LF to L and « Sway x3 » : swing the hips L–R–L

**(1-8) Step Fwd R, Step turn ½ L, Step Fwd R, Triple Full Turn R, Side Step L with Sway x3 L-R-L**

1 RF forward

2&3 « Step Turn ½ » : LF forward – ½ turn R (onto RF), LF forward 12H

4&5 « Triple Full Turn » : ½ turn L and RF back – ½ turn L and LF forward – RF forward 6-12H

6-7-8 LF to L and « Sway x3 » : swing the hips L–R–L

**BREAK = 6th wall**

**After 11c of Part A (Dance to the two « Cross Rock » forward (1-2&3-4&))**

**Wait 14c before starting Part C (possibility of doing « Side, Touch » during this time)**

## PART C (56c)

**(1-8) Step Fwd R, Touch Back L, Step Back L, Kick R, Step-Lock-Step R Hook Fwd L**

1-2 RF forward, touch LF behind RF

3-4 LF back, « Kick » RF forward

5-6-7 « Step-Lock-Step » : RF back – cross LF over RF – RF back

8 « Hook Fwd » lift LF in front of R leg (at the height of the shin)

**(9-16) Step Fwd L, Touch Back R, Step Back R, Hook Fwd L, Step Fwd L, Scuff R, ¼ turn L with Side Step R, Cross L behind R**

1-2 LF forward, touch RF behind LF

3-4 RF back, « Hook Fwd » lift LF in front of R leg (at the height of the shin)

- 5-6 LF forward, « Scuff » with RF next to LF  
7-8 ¼ turn L and RF to R, cross LF behind RF 9H

**(17-24) ¼ turn R with Step Fwd R, Hold, Step turn ¼ L, Cross Fwd R, Hold, ¼ turn L with Step Back R, ½ turn L with Step Fwd L**

- 1-2 ¼ turn R and RF forward, hold 12H  
3-4 « Step turn ¼ » : LF forward – ¼ turn R (onto RF) 3H  
5-6 Cross LF over RF, hold  
7-8 ¼ turn L and RF back, ½ turn L and LF forward 12-6H

**(25-32) Rocking Chair R, ½ turn L with Toe Strut Back R, Rock Step Back L**

- 1-4 « Rocking Chair » : RF forward – recover on LF – RF back – recover on LF  
5-6 ½ turn L and « Toe Strut » : touch toe RF back – drop heel RF 12H  
7-8 « Rock Step Back » : LF back – recover on RF

**(33-40) ½ turn R with Toe Strut Back L, ½ turn R with Toe Strut Fwd R, Vine L, Stomp down Fwd R**

- 1-2 ½ turn R and « Toe Strut Back » : touch toe LF back – drop heel LF 6H  
3-4 ½ turn R and « Toe strut Fwd » : touch toe RF forward – drop heel RF 12H  
5-6-7 « Vine » : LF to L – cross RF behind LF – LF to L  
8 « Stomp down » with RF forward

**(41-42) Swivel**

- 1-2 Turn the heels to the R, refocus the heels

**(43-50) Rumba box R**

- 1-4 RF to R, LF next to RF, RF back, hold  
5-8 LF to L, RF next to LF, LF forward, hold

**(51-56) Stomps R-L, (Heel, Together) R & L**

- 1-2 « Stomp » RF next to LF, « Stomp » LF next to RF  
3-4 Heel RF forward, RF next to LF  
5-6 Heel LF forward, LF next to RF

**TAG = after the 8th and the 9th wall**

**Ajouter :**

**(1-4) (Heel, Together) R & L**

- 1-4 Heel RF forward, RF next to LF, heel LF forward, LF next to RF

**END : Dothe first 2 counts of Part C, and salute with the hat on the 3rd count**

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