

Tiramisu

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Ernie Yin (INA) - March 2024
音樂: Tiramisu (提拉米蘇) - Li Siyu (李思雨)



Restart on wall 2 , 4 & 6 after 16 count

Start on vocal

S.1 WALK - MAMBO - SWEEP - SAILOR L & R

1 2 Step Rf forward - Step Lf forward
3 & 4 Step Rf forward - Recover on Lf - Step Rf back Sweep Lf from front to back
5 & 6 Step Lf behind Rf - Step Rf beside Lf - Step Lf to side
7 & 8 Step Rf behind Lf - Step Lf beside Rf - Step Rf to side

S.2 COASTER STEP - CHASE TURN L - SWAY - CHASSE

1 & 2 Step Lf back - Close Rf beside Lf - Step Lf forward
3 & 4 Step Rf forward - Turn 1/2 Left Step on Lf - Step Rf forward
5 6 Sway to Left - Sway to Right
7 & 8 Step Lf to side - Close Rf beside Lf - Step Lf to side

S.3 CROSS - TURN 1/4 R - PONY STEP 2X - BACK ROCK

1 2 Step Rf cross over Lf - Turn 1/4 Right Step Lf back
3 & 4 Step Rf back - Recover on Lf - Step Rf back
5 & 6 Step Lf back - Recover on Rf - Step Lf back
7 8 Step Rf back - Recover on Lf

S.4 WALK - PIVOT 1/2 - OPEN - APPLE JACK R L R R

1 2 Step Rf forward - Step Lf forward
3 & 4 Step Rf forward - Turn 1/2 Left Step on Lf - Step Rf to side
5 & Swivel Rf toes out to Right Lf heel to Right (in) - Bring back Rf toes and Lf heel to centre
6 & Swivel Lf toes out to Left- Rf heel to Left (in) - Bring back Lf toes and Rf heel to centre
7 & Swivel Rf toes out to Right Lf heel to Right (in) - Bring back Rf toes and Lf heel to centre
8 & Swivel Rf toes out to Right Lf heel to Right (in) - Bring back Rf toes and Lf heel to centre

RESTART ON WALL 2 , 4 & 6 AFTER 16 COUNT

HAVE FUN & ENJOY ...