

(Everyone Can) Dance The Night

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Absolute Beginner
編舞者: Claudia Bleil (USA) - March 2024
音樂: Dance The Night - Dua Lipa : (Barbie The Album)



Start the dance on 1 (downbeat of 3rd measure) on the word "Find"... me under the lights

Section 1: Walk Back & Forward

- 1 Step back Left foot
- 2 Step back Right foot
- 3 Step back Left foot
- 4 Tap Right foot together (on ball of right foot) to Left foot (do not take weight on Right), then
- 5 Walk forward Right foot
- 6 Walk forward Left foot
- 7 Walk forward Right foot
- 8 Tap Left foot together (on ball of left foot) to Right foot (do not take weight on Left), then

Section 2: Vine to the Left, Vine to the Right

- 1 Step Left foot to left side and take weight
- 2 Step Right foot behind Left foot ball-flat taking weight on Right foot
- 3 Step Left foot to left side, taking weight on Left foot
- 4 Tap Right foot together to Left foot on ball of Right foot (do not take weight on Right foot)
- 5 Step Right foot to right side and take weight
- 6 Step Left foot behind Right foot ball-flat taking weight on Left foot
- 7 Step Right foot to right side, taking weight on Right foot
- 8 Tap Left foot together to Right foot on ball of Left foot (do not take weight on Left foot)

Section 3: Crossover and Tap with "Point" (pointed toe)

- 1 Step Left foot to left side, take weight
- 2 Cross Right foot over top of Left foot and point right toe and tap (do not take weight on Right foot)
- 3 Step Right foot to right side, take weight
- 4 Cross Left foot over top of Right foot and point left toe and tap (do not take weight on Left foot)
- 5 Step Left foot to left side, take weight
- 6 Cross Right foot over top of Left foot and point right toe and tap (do not take weight on Right foot)
- 7 Step Right foot to right side, take weight
- 8 Cross Left foot over top of Right foot and point left toe and tap (do not take weight on Left foot)

Section 4: "Turn Back Time" with Quarter Turns Counterclockwise, starting at "12 o'clock"

- 1 Facing front wall (12 o'clock) swivel Left foot (wiping the floor) ¼ turn to left to 9 o'clock, take weight
- 2 Bring Right foot together to Left foot, facing left to 9 o'clock, transfer weight to Right foot
- 3 Swivel Left foot via gentle connection in heel ¼ turn to left counterclockwise to 6 o'clock, take weight
- 4 Bring Right foot together to Left foot, facing back/6 o'clock, transfer weight to Right foot
- 5 Swivel Left foot via heel ¼ turn to left counterclockwise to 3 o'clock, take weight
- 6 Bring Right foot together to Left foot, facing right/3 o'clock, transfer weight to Right foot
- 7 Swivel Left foot via heel ¼ turn to left counterclockwise to 12 o'clock (facing front)
- 8 Bring Right foot together to Left foot, facing front wall – transfer weight to Right foot

(Repeat)
