

Been Like This

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Beginner
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音樂: Been Like This - Meghan Trainor & T-Pain



Intro : 8 Count (Approximately 00:08)

S1. CARLESTON RL, DIAGONAL FORWARD LOCK SHUFFLE RL

1-4 Step R forward - Touch L forward - Step L back - Touch R back
5&6 Step R diagonal forward - Lock L behind R - Step R diagonal forward
7&8 Step L diagonal Forward - Lock R behind L - Step L diagonal Forward

S2. PIVOT TURN 1/2 LEFT LOCK SHUFFLE, PIVOT TURN 1/4 RIGHT CROSS SHUFFLE

1-2 Step R forward - Turn ½ left step L forward
3&4 Step R forward - Lock L behind R - Step R forward
5-6 Step L forward - Turn ¼ right recover on R
7&8 Cross L over R - Step R to side - Cross L over R

S3. SYNCOPATED MONTEREY, TOUCH, FLICK, JAZZBOX

1&2& Touch R to side - Step R together - Touch L to side - Step L together
3-4 Touch R to side - Flick R back
5-8 Cross R over L - Step L back - Step R to side - Step L forward

S4. ROCKING CHAIR, PIVOT TURN 1/4 LEFT (2x)

1-4 Rock R forward - Recover on L - Rock R back - Recover on L
5-8 Step R forward - Turn 1/4 left weight on L - Step R forward - Turn 1/4 left weight on L

REPEAT

NO TAG NO RESTART
