# Sui Gai Ci'3 (燒鸡翅) TIKTOK



拍數: 140 編數: 1 級數: Phrased Beginner

編舞者: Molly Yeoh (MY) - March 2024

音樂: SteadyGang 【周星翅 ChouXingChi】 Official MV - 龙年最搞怪"身粘歌" 送给每个

新年都陪伴我们的周星驰

或: \*(周星翅☆燒鸡翅☆热门诜脑歌☆ STEADY GANG☆TIKTOK VIRAL)

NOTE: Music from Original video: starts from 0.28 to 5.03 minutes, stop!

[The choreography title is in Cantonese pinyin (广东拼音)]

Intro: 16 counts

A:72+4 B:64

**SEQUENCE: AB, AB, A36 B** 

\*Restart to Part B: 3rd set after Part A 36count

#### Part A

## Section 1 & 2: CHARLESTON STEPS

1 2 3 4 STEP FWD RF, LF TOUCH FWD RECOVER, RF TOUCH BACK 5 6 7 8 STEP FWD RF, LF TOUCH FWD RECOVER, RF TOUCH BACK

#### Section 3: VINE OR STEP TOGETHER SIDE

1 2 3 4 RF STEP TO R SIDE, LF FOLLOWED, RF STEP TO R, LF TOUCH BESIDE RF

5 6 7 8 LF STEP TO L, RF FOLLWED, LF STEP TO L, RF TOUCH BESIDE LF

#### Section 4: STEP TOUCHES ON SPOT

1 2 3 4 RF SIDE STEP TO R, LF TOUCH BESIDE RF, LF STEP TO L, RF TOUCH BESIDE LF

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#### Section 5: ROCKING CHAIR WITH TOUCH, FWD HIP BUMPS

1 2 3 4 ROCK FWD RF RECOVER LF, STEP BACK RF, LF TOUCH BESIDE RF (WEIGHT ON RF)

## \*3RD SET RE-START to PART B \*\*

5 6 7 8 HIP BUMP LF ONLY ON 5,6,7 COUNTS, STEP ON LF ON COUNT 8

## Section 6: PIVOT HALF TURN, SHUFFLE FWD X 2

1 2 3&4 RF FWD PIVOT L TURN, FWD RLR

5 6 7&8 LF FWD PIVOT R TURN, FWD LRF (12:00)

## Section 7: VINE TO RIGHT, ROLLING VINE TO LEFT

1 2 3 4 STEP RF TO R, LF STEP BEHIND RF, RF TO R, LF TOUCH AT RF

5 6 7 8 FULL TURN LRLR TO FACE 12:00

## Section 8: FWD STEP POINT TO LEFT AND RIGHT, BACK POINT TO L AND R

1 2 3 4 FWD RF, LF POINT TO L, FWD LF, RF POINT TO R

5 6 7 8 BACK STEP RF, LF POINT TO L, BACK STEP LF, RF POINT TO R

## Section 9: SHIMMY TO RIGHT AND LEFT

1 2 3 4 RF STEP TO R AND SHIMMY SHOULDER 4 COUNT

5 6 7 8 LF STEP TO L AND SHIMMY SHOULDER 4 COUNT (MAY LIFT LEG ON COUNT 4 & 8)

## Section 10: QUICK STEPS ON SPOT

1 2 3 4 QUICK STEPS, RLRL (OPEN UP BOTH HANDS ON COUNT 4!)

## PART B\*\* THE VIRAL STEPS! (CHICKEN WINGS)

# Section 1: STEP TOGETHER R TOUCH, STEP TOGETHER L TOUCH

1 2 3 4 RF STEP TO R, LF FOLLWED, RF STEP TO R, LF TOUCH AT RF 5 6 7 8 LF STEP TO L, RF FOLLWED, LF STEP TO L, RF TOUCH AT LF

## Section 2: POINT RLF, HOLD, POINT LRL, HOLD

1&2&3 4 RF POINT TO R RECOVER, LF POINT TO L RECOVER, RF POINT TO R, HOLD

&5&6&7 8 RECOVER RF, LF POINT TO L RECOVER, RF POINT TO R RECOVER, LF POINT TO L,

HOLD

## Section 3: TAP (CHUG) RF FWD 3 COUNTS, TAP (CHUG) LF FWD 3 COUNTS

1 2 3 4 RECOVER LF, FWD TAPS RF ON 3 COUNTS, (BODY DIAGONAL L) RECOVER RF

5 6 7 8 FWD TAPS LF ON 3 COUNTS, (BODY DIAGONAL R) RECOVER LF

## Section 4: (CROSS LEGS, HALF TURN, BODY ROLL) x 2

1 2 3 4 SMALL JUMP CROSS RF OVER LF, PIVOT ½ L TURN, R BODY ROLL

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## Section 5: STEP TOGETHER R TOUCH, STEP TOGETHER L TOUCH

1 2 3 4 RF STEP TO R, LF FOLLWED, RF STEP TO R, LF TOUCH AT RF 5 6 7 8 LF STEP TO L, RF FOLLWED, LF STEP TO L, RF TOUCH AT LF

## Section 6: SWAY ON SPOT, 'V' SHAPE OR OPEN CLOSED RF LF

1234 SWAY RLRL ON SPOT

5 6 7 8 STEP RF TO R, STEP LF TO L, CLOSED IN RF LF, OR A 'V' SHAPE OPEN CLOSED

#### Section 7: KICK UP RF LF FULL TURN

1&2&3&4 CONTINUE KICK UP RF LF 8 COUNT

5&6&7&8 AS YOU FULL TURN TO 12:00

#### Section 8: RIGHT AND LEFT HIP BUMPS

1 2 3&4 HIP BUMP RL, RLR 5 6 7&8 HIP BUMP LR, LRL ....

## YOU DID IT! 棒极了! Enjoy and have fun!

\*Inspired by You tube viral movie!

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