A Light Up Above



拍數: 72 編數: 2 級數: Intermediate - waltz

編舞者: Sarah Harris (USA) - March 2024 音樂: Bubbles Up - Jimmy Buffett



#24 count intro.

***3 Tags (tag 1 after wall 2, tag 2 after wall 3, tag 3 after wall 5)

[1-6] Step Forward, Point, Hold, Step Back, Point, Hold

1-3 Step Left Forward (1), Point Right Forward Diagonally (2), Hold (3) 4-6 Step Right Back (4), Point Left Back Diagonally (5), Hold (6) 12:00

[7-12] Half Diamond Fallaway Turning Left

1-3 Cross Left over Right turning 1/8 to Left (1), Step Right back turning 1/8 to Left (2), Step Left

back (3)

4-6 Step Right behind Left turning 1/8 to left (4), Step Left forward turning 1/8 to Left (5), Step

Right forward turning to Left (6) 6:00

[13-18] Step Point hold, Step Point Hold

1-3 Step Left Forward (1), Point Right Forward Diagonally (2), Hold (3) 4-6 Step Right Back (4), Point Left Back Diagonally (5), Hold (6) 6:00

[19-24] Half Diamond Fallaway Turning Left

1-3 Cross Left over Right turning 1/8 to Left (1), Step Right back turning 1/8 to Left (2), Step Left

back (3)

4-6 Step Right behind Left turning 1/8 to left (4), Step Left forward turning 1/8 to Left (5), Cross

Right over Left (6) 12:00

[25-30] Step Left, Drag, Hold, Step Right, Drag, Hold

1-3 Step Left to Left (1), Drag Right to Left (2), Hold (3)

4-6 Step Right to Right (4), Drag Left to Right (5), Hold (6) 12:00

[31-36] Twinkle, 1/2 Twinkle

1-3 Cross Left over Right (1), Rock Right to Right (2), Recover on Left (3)

4-6 Cross Right over Left (4), Turn Half Turn to Right stepping back on Left (5), Step Right to

Right side (6) 6:00

[37-42] Cross Rock, 1/4 Turn Left, 3/4 Spiral, Sweep

1-3 Cross rock Left over Right (1), Recover on Right (2), Step Left 1/4 Turn Left (3) 3:00

4-6 Step Right Forward into 3/4 Spiral (4), Sweep Left behind Right (5-6) 6:00

OPT NON TURN:

1-3 Cross rock Left over Right (1), Recover on Right (2), Step Left to Left (3)

4-6 Step Right behind Left (4), Sweep Left behind Right (5-6) 6:00

[43-48] Back Twinkle, Back Twinkle

1-3 Step Left behind Right (1), Rock Right to Right (2), Recover on Left (3)

4-6 Step Right behind Left (4), Rock Left to Left (5), Recover on Right (6) 6:00

[49-54] Turning Vine (full turn)

1-3 Step Left behind Right (1), Step 1/4 turn Right on Right (2), Step Left forward (3) 9:00

4-6 Pivot 1/2 Right (4), Step Left 1/4 turn Right (5), Step Right slightly forward (6) 6:00

OPT NON TURN:

1-3 Step Left behind Right (1), Step Right to Right (2), Cross rock Left over Right (3)

4-6 Recover on Right (4), Step Left to Left (5), Step Right slightly forward (6) 6:00

[55-60] Forward Basic, Back Basic

1-3 Step Left forward (1), Step Right next to Left (2), Step Left next to Right (3)

4-6 Step Right back (4), Step Left next to Right (5), Step Right slightly back (6) 6:00

[61-66] Back, Sweep, Hold, Back, Sweep, Hold

1-3 Step Left back (1), Sweep Right back (2-3)
4-6 Step Right back (4), Sweep Left back (5-6) 6:00

[67-72] Back Mambo, Full Turn Forward

1-3 Rock back on Left (1), Recover forward on Right (2), Step forward on Left (3)

4-6 Turn back 1/2 turn Right stepping on Right (4), Turn Forward 1/2 turn Left stepping on Left

(5), Step forward Right (6) 6:00 End Of Dance, Start Again!

Tag 1 after wall 2 (starts 12:00, ends 12:00)—24 counts

[1-6] Step Drag, Step Drag

1-3 Step Left forward (1), Drag Right past Left (2-3)

4-6 Step Right forward (4), Drag Left past Right (5-6) 12:00

[7-12] 1/2 Turning Basic, Back Basic

1-3 Step left forward (1), Turn 1/4 to Left stepping back on Right (2), Turn 1/4 to Left stepping

back on Right (3)

4-6 Step back on Right (4), Step Left next to Right (5), Step Right next to Left (6) 6:00

[13-24] Repeat 1–12 counts— Step Drag, Step Drag, 1/2 Turning Basic, Back Basic

Tag 2 after wall 3 (starts at 6:00, ends on 6:00)—6 counts

[1-6] Step, Sweep, Step, Sweep

1-3 Step Left forward (1), Sweep Right forward (2-3)

4-6 Step Right forward (4), Sweep Left forward (5-6) 6:00

Tag 3 after wall 5 (starts on 6:00 ends on 12:00)—12 counts—First 12 counts of dance

1-6 Step Forward, Point, Hold, Step Back, Point, Hold

7-12 Half Diamond Fallaway Turning Left

In 1986, Jimmy Buffett was asked by an Admiral friend to perform on a battleship for the troops. He agreed with a condition—he wanted to fly in one of the F-14 Tomcats. He was told he would have to go through survival training, which included jumping out of a helicopter into the ocean with a weighted backpack. When Jimmy asked his friend for advice, he was told, "If you don't know where you are, follow the bubbles. That's how you get to where you're suppose to be." This would later help to save his life when his seaplane went down in 1994 in Nantucket. So, always remember, there is A Light Up Above—just follow the Bubbles Up!

Last Update: 17 Jun 2024