

La Mujer

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Tomohiro Iizuka (JP) - February 2024
音樂: La Mujer - Mon Laferte & Gloria Trevi



Intro 40 counts, 22 secs

**2 bridges after 16 counts on Wall 3 (3:00) , Wall 8 (3:00)

*1 Restart on Wall 5 (12:00)

[1-8] Step R, Hold, Lock L, Step R, Point L, Back L, Point R, 1/8 R Back R, Together L

1,2& Step R forward, Hold, Step Lock L behind right
3-4 Step R forward, Point L to left side
5-6 Step L back, Point R to right side
7-8 1/8 right turn Step R back, Step L beside right (1:30)

[9-16] Walk RL, Anchor Step, Back LR, 1/4 L Sailor Step L

1-2 Step R forward, Step L forward
3&4 Step Lock R behind right, Step weight down L, Step R back
5-6 Step L back, Step R back Sweep L front to back
7&8 1/8 left turn Step L back, Step R to right side slightly, 1/8 left turn Step L across right (10:30)

*Bridge 4 Counts on Wall 3 (3:00) , Wall 8 (3:00)

[1-4] Sway R,L,R, Together L

1-4 1/8 left turn Step R to right side Sway R, Sway L, Sway R, Step L beside right
(Next Step at 18, Step R to right side, without 1/8 left turn)

*Restart on Wall 5, Replace 1/8 L Sailor Step L (7&8)

7&8 1/8 left turn Step L back, Step R beside left, Step L forward (12:00)

[18-24] Side R, Together L, Shuffle R, Side L, Together R, Shuffle Back L

1-2 1/8 left turn Step R to right side, Step L beside right (9:00)
3&4 Step R forward, Lock L behind right, Step R forward,
5-6 Step L to left side, Step R beside left
7&8 Step L back, Lock R across left, Step L back

[25-32] Full Turn R, Coaster Step R, Cross L, Hitch R, Walk RL

1-2 1/2 right turn Step R forward, 1/2 right turn Step L back (9:00)
3&4 Step R back, Step L beside right, Step R forward
5-6 Step L across right, Hitch R across left,
7-8 Step R forward, Step L forward

(Option) Kick Ball Step L

8& Kick L forward, Step L beside right

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