

Messed Up As Me

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Julie Gillmore (UK) - March 2024
音樂: Messed Up As Me - Keith Urban



Intro: 24 seconds in, start on "I'm out tonight....."

Sec 1: Weave Left Cross Side Behind Side, Cross Rock Recover, Right Chasse

1-2 Cross step R over L, step L to left side
3-4 Cross step R behind L, step L to left side
5-6 Cross rock R over L, recover onto L
7&8 Step R to right side, step L beside R, step R to right side

Sec 2: Weave Right Cross Side Behind Side, Cross Rock Recover, Shuffle ¼ Left Turn

1-2 Cross step L over R, step R to right side
3-4 Cross step L behind R, step R to right side
5-6 Cross rock L over R, recover onto R
7&8 Step L to left side, step R beside L, ¼ turn left stepping forward on L (9.00)

RESTART HERE DURING WALL 3 AND 5

Sec 3: Walk, Walk, Kick ball Step, Rocking Chair

1-2 Walk forward on R, walk forward on L
3&4 Kick R forward, recover on ball of R, step forward on L
5-6 Rock forward on R, recover onto L
7-8 Rock back on R, recover onto L

Sec 4: Step Pivot ½ turn Left, Shuffle, Step Pivot ½ turn Right, Step Brush

1-2 Step forward on R, pivot ½ turn left recovering on L (3.00)
3&4 Shuffle forward R, L, R
5-6 Step forward on L, pivot ½ turn right recovering on R (9.00)
7-8 Small step forward on L, brush R forward

Restart during wall 3 and 5 after count 16

Tag: End of wall 8 (Facing 12.00) - V Step

1-2 Step R forward to right diagonal, step L forward to left diagonal
3-4 Step R back to centre, step L beside R

(Ending – Just pivot ½ turn left on R to finish at 12.00)

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