

Sailor Samba Surprise

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Absolute Beginner
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音樂: Tango - Michael Nantel



No Tags, No Restarts, No Syncopations

To teach Sailor and Samba footwork without the syncopated rhythm.

Section 1: R Cross behind L, step L to L, step R to R, Hold. Repeat all on L side.

1 – 4 Step R foot crossing behind L leg, step L to L , step R to R, Hold
5 – 8 Step L foot crossing behind R leg, step R to R, step L to L, Hold

Section 2: R step back, step L in place, step R together, Hold. Repeat all on L going fwd.

1 – 4 R step back, step L in place, step R together, Hold
5 – 8 L step forward, step R in place, step L together, Hold

Section 3: Fwd R and cross over L, step L to L, step R to R, Hold. Repeat all on L side.

1 – 4 Step Fwd crossing R over L with weight, step L to L, step R to R, Hold
5 – 8 Step Fwd crossing L over R with weight, step R to R, step L to L, Hold

Section 4: R scuff fwd, R step fwd and turn 1 / 4 L, L touch at R instep, L Step down, R slide toe along ground out to R, in, out, in

1 – 4 R scuff forward, R step fwd and turn 1 / 4 L, L touch at R instep, L Step down
5 – 8 Slide R toe along ground to far R, slide back in to L instep, slide out and in again

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