

Mamma Mia Remix

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Chany Jung (KOR) - March 2024
音樂: Mamma Mia - ABBA dance



Start on vocals

* No Tag! No Restart! You're Welcome.

S1: R VINE CROSS, CHASSE, BACK ROCK, RECOVER

1-2 Step R to R side, Cross L behind R
3-4 Step R to R side, Cross L over R
5&6 Step R to R side, Step L beside R, Step R to side
7-8 L Back rock, Recover on R

S2: L VINE CROSS, CHASSE, BACK ROCK, RECOVER

1-2 Step L to L side, Cross R behind L
3-4 Step L to L side, Cross R over L
5&6 Step L to L side, Step R beside L, Step L to side
7-8 R Back rock, Recover on L

S3: SIDE TOUCH ×2(&CLAP), ROCKING CHAIR

1-2 Step R to R side, Touch L beside R
3-4 Step L to L side, Touch R beside L
5-6 Rock forward on R, Recover on L
7-8 Rock back on R, Recover on L

S4: R ROCK FORWARD, RECOVER, 1/2 R SHUFFLE, STEP, 1/4 R PIVOT, CROSS SHUFFLE

1-2 Rock forward on R, Recover on L
3&4 1/4 R stepping R to R side, Step L beside R, 1/4 R stepping forward on R
5-6 Step L forward, Pivot 1/4 R
7&8 Cross L over R, Step R to R side, Cross L over R

Easy Option

S4: R ROCK FORWARD, RECOVER, BACK SHUFFLE, L BACK ROCK, RECOVER, 1/4 L, CROSS SHUFFLE

1-2 Rock forward on R, Recover on L
3&4 Step R to back, Step L beside R, Step R to back
5-6 Rock back on L, Recover on R
7&8 1/4 L Cross L over R, Step R to R side, Cross L over R

I HOPE YOU ENJOY IT!!