

Buried Down

拍數: 48 牆數: 2 級數: Improver
編舞者: Maria Hansen (SWE) - March 2024
音樂: Buried - Chris Kläfford



Intro 8 counts

3 Restarts, restart 1 on wall 2 and restart 2 on wall 3, section 4, counts 7 & 8 there will be a small stepchange,
Rock forward on L, Step in place with R, Step
back with a ¼ turn left with L
Restart 3, wall 5 after 8 counts

Section 1 Walk, walk, right mambo forward, walk back back, left coaster cross

1,2 Walk forward on R, walk forward on L
3 & 4 Rock forward on R, step in place with L, step back on R
5,6 Walk back on L, Walk back on R
7 & 8 Step back on L, step R next to L, step forward on L cross in front of R

Restart here on wall 5

Section 2 Rock and cross, rock and cross, ¼ turn right, walk, walk, shuffle forward

1 & 2 Rock R to Right side, recover weight on L in place, Step R cross forward over L
3 & 4 Rock L to left side, recover weight on R in Place, step L cross forward over R
5,6 Turn ¼ right, walk forward on R, walk forward on L
7 & 8 Step forward on R, step L beside R, step forward on R

Section 3 Rock forward recover, shuffle ½ turn, rock forward recover, right coaster

1,2 Rock L forward, recover on R
3 & 4 Shuffle back on L, R, L, making ½ turn over left shoulder
5,6 Rock R forward, recover on L
7 & 8 Step R back, step L next to R, step R forward (alt tripple full turn in place)

Section 4 Point & point & heel & heel & walk, walk, left mambo forward

1 & 2 & Point L to left side, step L next to R and point R to right side, step R next to L
3 & 4 & Put L heel forward, step L next to R, put R heel forward, step R next to L
5,6 Walk L forward, walk R forward
7 & 8 Rock forward on L, step in place with R, step back on L

Restart here on wall 2 & 3, on count 8 there is a stepchange, step back with a ¼ turn left

Section 5 Touch back, unwind, step turn cross ¼, side rock recover, behind side cross

1,2 Touch R foot back, unwind ½ turn right
3 & 4 Step forward on L, turn ¼ right stepping L foot cross in front of R
5,6 Rock R to R side, recover on L
7 & 8 Step R behind L, Step L to left side, step R in front of L

Section 6 Side rock recover, behind, side, cross, point & point & heel & heel &

1,2 Rock L to left side, recover on R,
3 & 4 Step L behind R, step R to right side, step L in front of R
5 & 6 & Point R to right side, step R next to L, point L to left side, step L next to R
7 & 8 & Put R heel forward, step R next to L, put L heel forward, step L next to R

ENJOY!