

# Swiftie Shakes

拍數: 64                      牆數: 2                      級數: Improver  
編舞者: Zan Tan (SG) - March 2024  
音樂: Shake It Off - Taylor Swift



Intro: 16 cts

Restart: After 32 cts of wall 3, restart wall 4 at 12:00

Bridge: During wall 7, after the first 4 cts of section 8.

## Section 1: Toe Struts travelling to L side, Jazz Box Cross

1-4                      R toe touch across LF (1), step down RF (2), L toe touch to L side (3), step down LF (4)  
5-8                      Cross RF over L (5), step LF back (6), step RF to side (7), cross LF over R (8)

## Section 2: Side Touches, Side Together ¼ R turn Brush

1-4                      Step RF to side (1), touch LF beside R (2), step LF to side (3), touch RF beside L (4)  
5-8                      Step RF to side (5), step LF next to RF (6), ¼ turn R stepping RF fwd (7), brush LF fwd (8)

## Section 3: Toe Struts travelling to R side, Jazz Box Cross

1-4                      L toe touch across RF (1), step down LF (2), R toe touch to R side (3), step down RF (4)  
5-8                      Cross LF over R (5), step RF back (6), step LF to side (7), cross RF over L (8)

## Section 4: Side Touches, Side Together ¼ L turn Brush

1-4                      Step LF to side (1), touch RF beside L (2), step RF to side (3), touch LF beside R (4)  
5-8                      Step LF to side (5), step RF next to LF (6), ¼ turn L stepping LF fwd (7), brush RF fwd (8)

\*Restart: After section 4 of wall 3.

## Section 5: R mambo, Hold, L mambo, Hold

1-4                      Rock RF fwd (1), recover on LF (2), step back on RF (3), hold (4)  
5-6                      Rock LF backward (5), recover on RF (6), step LF fwd (7), hold (8)

## Section 6: Pivot ½ L, Walk R L, Swivel R heel toward LF, Hitch R

1-4                      Step RF fwd (1), pivot ½ L recover on LF (2), step RF fwd (3), step LF fwd slight bigger step  
and face R diagonal (4)  
5-6                      Swivel R heel in towards LF (5), swivel R toe in towards LF (6), swivel R heel in towards LF  
(7), hitch R (8)

## Section 7: R Diagonal Back, touch L, L Diagonal back, touch R, Lindy step to R

1-4                      Step RF diagonally backwards (1), touch LF next to RF (2), step LF diagonally backwards  
(3), touch RF next to LF (4)  
5&6                      Step RF to side (5), step LF next to R (&), step RF to side (6)  
7 – 8                      Rock LF backwards (7), recover on RF (8)

## Section 8: Lindy step to L, Swivel RLR, Flick R

1&2                      Step LF to side (1), step RF next to L (&), step LF to side (2)  
3 – 4                      Rock RF backwards (3), recover on LF (4)

\*Bridge: During wall 7, you will face 12:00 to below 8cts.

5-8                      Step RF to side (5), swivel heels to R (6), swivel heels to L (7), swivel heels to R and flick RF  
to side (8)

## Bridge: 8 cts

1 - 4                      Bump hips to R (1), hold (2), bump hips to L (3), hold (4)  
5 – 6                      repeat 1-4

Enjoy!

