

Ready, Set, Hush

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Kerry Maus (USA) & Moe Qureshi (USA) - March 2024
音樂: Can't Help It - Tina Parol & Oh, Hush! : (iTunes, Spotify, and Amazon Music)



#16 count intro

[1-8] HEEL SWIVELS, TRIPLE ¼ TURN, HEEL SWIVELS, TRIPLE ½ TURN

1&2& Step R to right, swivel L heel in, step on L, swivel R heel in
3&4 Step R to right, step L beside R, turn ¼ right stepping R forward [3:00]
5&6 Press L forward, swivel both heels L, return heels to center, weight on R
7&8 Turn ¼ left stepping L to L, step R beside L, turn ¼ left stepping L forward [9:00]

[9-17] HIP ROLL, TRIPLE ½ TURN, STEP ¼ TURN POINT, CROSS, KICK BALL CROSS

1-2 Step forward on R, turn ¼ left rolling hips counterclockwise, touch L toe and pop L hip
(snap your fingers at the end of the hip roll for styling) [6:00]
3&4 Step L beside R turning ¼ right, step R beside L turning ¼ right, step L beside R [12:00]
5-6-7 Turn ¼ right stepping R forward, point L to left side, cross L over R [3:00]
8&1 Kick R to right diagonal, step R beside L, cross L over R

[18-24] HITCH, CROSS, HITCH, KNEE POP X2, ¼ TRIPLE STEP

2-3-4 Hitch R knee, cross R over L, hitch L knee
5-6 Step L to left and pop L knee out, step R to right and pop R knee out
7&8 Step L to left, step R beside L, turn ¼ left stepping L forward [12:00]

Restart the dance here on walls 2 and 5 [6:00]

[25-32] KICK BALL CHANGE, STEP SWIVEL, HITCH, POINT, ½ TURN, STEP LOCK STEP

1&2 Kick R forward, step R beside L, step L forward
3&4 Press R forward, swivel both heels to right, return heels to center, weight to L
&56 Hitch R, touch R toe back, turn ½ right (taking weight on R) [6:00]
7&8 Step L forward, lock R behind L, step L forward

Tag happens at the end of wall 4 [12:00]

TAG DIAGONAL BODY POPS X2, DIAGONAL ROCKING CHAIR WITH BODY ROLL

1&2 Step R forward on diagonal, pop body, knees, toes, etc. (whatever you feel, have fun with the music!)

3&4 Step L forward on diagonal, pop body, knees, toes, etc.

5-6 Rock R forward towards diagonal with body roll up and back, recover L back

7-8& Rock R back, recover L forward, turn 1/8 left to square up to start the dance again

Thank you and we hope you enjoy our dance. Have fun and dance happy!

Contact: Moequreshi11@gmail.com / Kerrymausdance@gmail.com

Last Update - 27 Apr. 2024 - R2