

# It's a Heartache

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Lorna Cairns (SCO) - March 2024  
音樂: It's a Heartache - Derek Ryan



Start On It's A "HEARTACHE"  
Restart During Walls 5 & 10 After 16 Counts

## SEC 1) WALK FORWARD R,L,R, KICK L FORWARD, WALK BACK L,R,L, TOUCH

1-2      Walk forward right, walk forward left  
3-4      Walk forward right, kick left foot forward  
5-6      Walk back left, walk back right  
7-8      Walk back left, touch right foot beside left

## SEC2) STEP, KICK, STEP, BACK, TOUCH X2

1-2      Step forward right, kick forward left  
3-4      Step back left, touch back right  
5-6      Step forward right, kick forward left  
7-8      Step back left, touch back right

(RESTART HERE WALLS 5 & 10)

## SEC3) GRAPEVINE RIGHT, TOUCH, GRAPEVINE LEFT WITH ¼ TURN LEFT, BRUSH

1-2      Step right to right, cross left behind right  
3-4      Step right to right, touch left next to right  
5-6      Step left to left, cross right behind left  
7-8      Turn ¼ left stepping forward on left, brush right forward

## SEC4) STEP, BRUSH, STEP, BRUSH, ROCKING CHAIR

1-2      Step forward on right, brush left forward  
3-4      Step forward on left, brush right forward  
5-6      Rock forward on right, recover on to left  
7-8      Rock back on right, recover on to left

Last Update - 11 Mar. 2024 - R1