

What Heroes Do

拍數: 64 牆數: 4 級數: Low Intermediate
編舞者: Alexis Strong (UK) & Caroline Cooper (UK) - March 2024
音樂: What Heroes Do - Michael Schulte



Start On Vocals

[1-8] GRAPEVINE 1/4 TURN, SCUFF LEFT 1/4 TURN, CHASSE LEFT, BACK RIGHT ROCK RECOVER

1-2 Step R To R (1) Cross L Behind R (2)
3-4 Step 1/4 R, On R (3) 3:00 Making 1/4 Turn R, Scuff L (6:00)
5&6 Step L To L (5) Close R To L (&) Step L To L (6)
7-8 Rock Back On R (7) Recover Fwd On L (8)

[9-16] x2 SIDE TOUCHES, RUMBA BOX FORWARD, SCUFF LEFT

1-2 Step R To R (1) Touch L To R (2)
3-4 Step L To L (3) Touch R To L (4)
5-6 Step R To R (5) Close L To R (6)
7-8 Step Fwd On R (7) Scuff L Fwd (8) 6:00

[17-24] LEFT ROCKING CHAIR, STEP PIVOT 1/2 TURN, FULL TURN (OR X2 WALKS FORWARD)

1-2 Rock Fwd On L (1) Recover On R (2)
3-4 Rock Back On L (3) Recover On R (4)
5-6 Step Fwd On L (5) Pivot 1/2 Turn R, Step On R (6) 12:00
7-8 Making Full Turn R, Step On L 6:00 (7) Step Fwd On R 12:00

[25-32] K- STEP LEFT

1-2 Step Diagonal Fwd On L (1) Touch R To L (2)
3-4 Step Back On R (3) Touch L To R (4)
5-6 Step Diagonal Back On L (5) Touch R To L (6)
7-8 Step Fwd On R (7) Touch L To R (8)

[33-40] STEP LEFT SIDE, HOLD, BALL-STEP SIDE 1/4 LEFT, TOUCH RIGHT, GRAPEVINE 1/4 SCUFF.

1-2 Step L To L (1) Hold (2)
&3-4 Step R To L (&) Making 1/4 Turn L, Step On L (3) Touch R To L (4) 9:00
5-6 Step R To R (5) Cross L Behind R (6)
7-8 Making 1/4 Turn R, Step Fwd On R (7) Scuff L Forward (8) 12:00

[41-48] STEP LEFT SIDE, HOLD, BALL- STEP SIDE, TOUCH RIGHT, ROLLING GRAPEVINE 1+1/4 TURN RIGHT, SCUFF LEFT. (GRAPEVINE 1/4 TURN RIGHT- EASY OPTION)

1-2 Step L To L (1) Hold (2)
&3-4 Close R To L (&) Step L To L (3) Touch R To L (4)
5-6 Making 1/4 Turn R, Step On R 3:00 (5) Making 1/2 Turn R, Step On L (6) 9:00
7-8 Making 1/2 Turn R, Step Fwd On R 3:00 (7) Scuff L Fwd (8)

[49-56] LEFT ROCKING CHAIR, STEP 1/2 TURN HOOK, RIGHT SHUFFLE FORWARD.

1-2 Rock Fwd On L (1) Recover On R (2) 3:00
3-4 Rock Back On L (3) Recover Fwd On R (4)
5-6 Step Fwd On L (5) Making 1/2 Turn R, Hook R (6) 9:00
7&8 Step Fwd On R (7) Close L To R (&) Step Fwd On R (8) 9:00

[57-64] LEFT FORWARD ROCK RECOVER, LEFT COASTER STEP, RIGHT JAZZ BOX CROSS.

1-2 Rock Fwd On L (1) Recover Back On R (2)
3&4 Step Back On L (3) Close R To L (&) Step Fwd On L (4)

5-6 Cross R Over L (5) Step Back On L (6)
7-8 Step R To R (7) Cross L Over R (8) 9:00

Step Change With Restart Wall 3 - Replace Count 16 With Step Left Together Then Restart

END OF WALL 7- STEP RIGHT TO SIDE AND RAISE BOTH ARMS TO FINISH
