

Simple Life

COPPERKNOB
BY STEPHEN

拍數: 44
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音樂: Simple Life - Leony

牆數: 2

級數: Phrased Intermediate



Sequence: A-A-B-B*-A-B-B-B-B*-A-B-B-B-B-B
(B*: first 12 counts equal to B)

PART A (28 counts)

ROCK SIDE,BEHIND SIDE CROSS,ROCK SIDE,BEHIND SIDE CROSS

1-2 Rock R side,recover to left
3&4 Cross R behind,Step L side, Cross right forward
5-6 Rock L side,recover to right
7&8 Cross L behind,Step R side, Cross left forward

ROCK FORWARD,TRIPLE STEP FULL TURN, ROCK FORWARD,BACK LOCK STEP

1-2 Rock R forward,recover on Left
3&4 ½ turn right step R forward(h.6),step L inside R,½ turn right ½ turn right step R forward(h.12)
5-6 Rock L forward,recover on Right
7&8 L back,R crossed in front of the left,L back

VOUDENVILLE,VOUDENVILLE,JAZZ BOX

&1&2 Left back,right crossed in front of the left, left to left, right heel diagonal right
&3&4 Right back,left crossed in front of the right, right to right, left hell diagonal left
5-6 Cross R over L,Step L back
7-8 Step side Right,Cross L over R

OUT,OUT,IN,IN

1-2 R step diagonally forward, L step diagonally forward
3-4 R back,L inside right

PART B (16 counts)

RIGHT SIDE SHUFFLE,1/2 TURN LEFT LEFT SIDE SHUFFLE,CROSS,POINT, STEP BACK,SLIDE,FLICK

1&2 Step R to right side,Step L beside R,step R to right side
3&4 Make a ½ turn left stepping L to left side, Step R beside L, step R to right side (facing 6.00)
5-6 Cross R over L,Touch toe left side
&7-8 L back behind R,Slide R on the right,R flick

DIAGONALLY RIGHT SHUFFLE FORWARD,DIAGONALLY LEFT SHUFFLE FORWARD, HEEL SWITCHES,BRUSH,HITCH,TOUCH

1&2 Right diagonally right forward,step left together,step diagonally right forward
3&4 Left diagonally left forward,step right together,step diagonally left forward
5&6& Touch R heel forward,step R next to L, Touch L heel forward, step L next to R
7&8 Brush R next L,Hitch R Knee up(&),Touch R near left foot

PART B* (20 counts)

RIGHT SIDE SHUFFLE,1/2 TURN LEFT LEFT SIDE SHUFFLE,CROSS,POINT, LEFT BACK,RONDE',FLIK

1&2 Step R to right side,Step L beside R,step R to right side
3&4 Make a ½ turn left stepping L to left side, Step R beside L, step R to right side (facing 6.00)
5-6 Cross R over L,Touch toe left side
&7-8 L back behind R,Slide R on the right,R flick

DIAGONALLY RIGHT SHUFFLE FORWARD,DIAGONALLY LEFT SHUFFLE FORWARD, JAZZ BOX,

1&2 Right diagonally right forward,step left together,step diagonally right forward
3&4 Left diagonally left forward,step right together,step diagonally left forward
5-6 Cross R over L,Step L back
7-8 Step side Right,Cross L over R

OUT,OUT,IN,IN

1-2 R step diagonally forward, L step diagonally forward
3-4 R back,L inside right

Last Update - 5 Jul. 2024 - R1
