

# 1 + 1

拍數: 32      牆數: 4      級數: Improver  
編舞者: Linah Lunardi (INA) - March 2024  
音樂: 1+1 (feat. Amir) (Banx & Ranx Remix) - Sia



Intro : 16 counts - Start with weight on L foot  
No Tag, No Restart

## (1-8) CROSS ROCK, CHASSE, CROSS, SIDE, BEHIND-SIDE-CROSS.

1 2            Cross rock RF over LF, Recover onto LF  
3&4           Step RF to R, Close LF next to RF, Step RF to R  
5 6            Cross LF over RF, Step R to R  
7&8           Cross LF behind RF, Step RF to R, Cross LF over RF

## (9-16) SIDE HIP ROL S, BEHIND-SIDE-CROSS, HIP BUMPS

1 2            Step on a ball of RF to R lifting R hip up, Drop R heel & rolling hips down and round to L  
3 4            Step on a ball of RF to R lifting R hip up, Drop R heel & rolling hips down and round to L  
5&6           Cross RF behind LF, Step LF to L, Cross RF over LF  
7 8            Touch LF fwd diagonal L bumping L hip up 2x

## (17-24) COASTER STEP, 1/4 L PIVOT, CROSS SHUFFLE, 1/2 L CROSS SHUFFLE.

1&2           Step LF back, Close RF next to LF, Step LF fwd  
3 4            Step RF fwd, Turn 1/4 L weight on LF  
5&6           Cross RF over LF, Step LF to L, Cross RF over LF  
7&8           Turn 1/2 L crossing LF over RF, Step RF to R, Cross LF over RF

## (25-32) SIDE ROCK, TRIPLE STEP. (2X)

1 2            Rock RF to R, Recover onto LF  
3&4           Step in place RLR  
5 6            Rock LF to L, Recover onto RF  
7&8           Step in place LRL

Get your groove on and happy dancing!  
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