

Here Comes The Remix

COPPER KNOB
BY SHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Christopher Gonzalez (USA) - March 2024
音樂: Here Comes the Sun (Power Remix) - Power Music Workout



#32-count/15-second intro (should be the version that begins with immediate vocals and stays on-phrase throughout) :

: <https://open.spotify.com/track/4Q9EiZFbM6qaJu5Vrv0EQ4>

Notes Ending: On wall 14 (9:00), dance through count 24 as the music fades to face the front wall as you step to the left and hold/clap.

[1-8] Forward-Touch x2, Hip Bumps x4 12:00

- 1, 2 Step R diagonally forward toward 1:00 (1), touch L together (2) 12:00
- 3, 4 Step L diagonally forward toward 11:00 (3), touch R together (4) 12:00
- 5, 6 Rock R forward and bump hips forward (5), recover L and bump hips back (6) 12:00
- 7, 8 Rock R forward and bump hips forward (7), recover L and hump hips back (8) 12:00

[9-16] Back-Touch x2, Hip Bumps x4 12:00

- 1, 2 Step R diagonally back toward 5:00 (1), touch L together (2) 12:00
- 3, 4 Step L diagonally back toward 7:00 (3), touch R together (4) 12:00
- 5, 6 Rock R back and bump hips back (5), recover L and bump hips forward (6) 12:00
- 7, 8 Rock R back and bump hips back (7), recover L and bump hips forward (8) 12:00

[17-24] Rock-Recover-Side-Clap (w/ 1/4 R Turn), Rock-Recover-Side-Clap 3:00

- 1, 2 Rock R forward (1), recover L (2) 12:00
- 3, 4 Turn 1/4 R and step R to side (3), hold/clap (4) 3:00
- 5, 6 Rock L across (5), recover R (6) 3:00
- 7, 8 Step L to side (7), hold/clap (8) 3:00

[25-32] R 1/4 Turning Jazz Squares x2 9:00

- 1, 2 Step R across (1), step L back (2) 3:00
 - 3, 4 Turn 1/4 R and step R to side (3), step L forward (4) 6:00
 - 5, 6 Step R across (5), step L back (6) 6:00
 - 7, 8 Turn 1/4 R and step R to side (7), step L forward (8) 9:00
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