

Dying Inside To Hold You EZ

COPPER KNOB
STEPSHEETS

拍數: 56 牆數: 1 級數: Beginner
編舞者: Ria Lolong (INA) - March 2024
音樂: (Dying Inside) To Hold You - Timmy Thomas



Intro: 32 counts, start @approx. 33 secs

*I TAG 5 RESTARTS

S1. V-STEP, BIG STEP FWD, TOGETHER, STOMP 2X

1 – 2 Step RF diag fwd (1), Step LF diag fwd (2)
3 – 4 Step RF bwd to center (3), Step LF beside RF (4)
5 – 6 RF big step fwd (5), Step LF together (6)
7 – 8 Stomp RF in place 2X (7-8)

☆ Arm Styling: When the Lyrics says 'HOLD' raise both ARMS above your head from the side (count 5) & interlock your hands together (count 6-7-8)

S2. STEP R SIDE, TOUCH BEHIND, STEP L SIDE, TOUCH BEHIND (REPEAT)

1 – 2 Step RF to R side (1), Touch LF behind RF (2)
3 – 4 Step LF to L side (1), Touch RF behind LF (2)
5 – 6 Repeat 1-2
7 – 8 Repeat 3-4

S3. STEP DIAGONAL BWD WITH TOUCH 4X

1 – 2 Step RF back diag (1), Touch LF next to RF (2)
3 – 4 Step LF back diag (3), Touch RF next to LF (4)
5 – 6 Repeat 1-2
7 – 8 Repeat 3-4

S4. CROSS TOUCH FWD 2X, CROSS TOUCH BWD 2X

1 – 4 Cross RF over LF (1), Touch L Toe to L side (2), Cross LF over RF (3), Touch R Toe to R side (4)
5 – 8 Cross RF behind LF (5), Touch L toe to L side (6), Cross LF behind RF (7), Touch R toe to R side (8)

☆ RESTART here on Wall 2, 4, 5, 6 (after tag) & 7

S5. WALK FWD R-L-R, TOUCH, WALK BWD L-R-L, TOUCH

1 – 4 Walk fwd R-L-R (1-3), Touch LF next to RF (4)
5 – 8 Walk bwd L-R-L (5-7), Touch RF next to LF (8)

S6. VINE STEP R, TOUCH, VINE STEP L, TOUCH

1 – 2 Step RF to R side (1), Cross LF behind RF (2)
3 – 4 Step RF to R side (3), Touch LF next to RF (4)
5 – 6 Step LF to L side (5), Cross RF behind LF (6)
7 – 8 Step LF to L side (3), Touch RF next to LF (4)

S7. WALK AROUND FULL CIRCLE OVER R SHOULDER

1-8 R-L-R-L-R-L-R-L 12:00

Note: This Walk 8 counts can also be used for changing formation when dancing with a group.

☆ TAG 4 counts on Wall 6 after 32 counts.

TAG: ROCKING CHAIR

1-4 Rock RF fwd (1), Recover on LF (2), Rock RF bwd (3), Recover on LF (4)

Enjoy the Dance!

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Last Update - 7 Mar. 2024 - R1
