

Pretty Little Poison

COPPER KNOB
BY SHEETS

拍數: 48 牆數: 2 級數: Improver - waltz
編舞者: Jennifer Pasley-Smith (USA) - June 2023
音樂: Pretty Little Poison - Warren Zeiders : (iTunes etc.)



Intro: 24 counts (approx. 14 secs. into track). Start with weight on R
*Restart after 24 counts on wall 3

[1-6] STEP, DRAG, PRESS, RECOVER, STEP BACK, LOCK

1-2-3 Step L forward, drag R fwd past L, press R fwd (12:00)

4-5-6 Recover on L, step R back, lock L over R (12:00)

[7-12] STEP BACK, DRAG, ROCK, RECOVER, 2-STEP ¾ TURN R

1-2-3 Step R back, drag L back past R, rock back on L prepping body to left for R turn (12:00)

4-5-6 Recover fwd R, turn ¼ R stepping L to L, turn ½ R stepping R to R (9:00)

[13-24] ¾ DIAMOND STEP L, COASTER

1-2-3 Cross L over R, turn 1/8 L stepping R back, step L to L (7:30)

4-5-6 Cross R behind L, turn 1/8 L stepping L to L, turn 1/8 L stepping R fwd (4:30)

7-8-9 Cross L over R, turn 1/8 L stepping R back, turn 1/8 L stepping L to L (1:30)

10-11-12 Turn 1/8 L stepping R back, step L beside R, step R fwd (12:00)

*Restart here on wall 3 facing 12:00

[25-30] STEP FWD, SWEEP, CROSS, STEP BACK, ¼ TURN R/STEP, STEP FWD

1-2-3 Step L fwd, sweep R fwd, cross R over L (12:00)

4-5-6 Step L back, turn ¼ R stepping R slightly R, step L fwd (3:00)

[31-36] STEP FWD, SWEEP, CROSS, ¼ TURN L/STEP, ¼ TURN L/STEP, STEP FWD

1-2-3 Step R fwd, sweep L fwd, cross L over R (3:00)

4-5-6 Step R back turning ¼ L, step L to L turning ¼ L, step R fwd (9:00)

[37-42] CROSS, SIDE, BEHIND, STEP, DRAG, TOUCH

1-2-3 Cross L over R, step R to R, step L behind R (9:00)

4-5-6 BIG step to R, drag L to R, touch L beside R prepping for L turn (9:00)

[43-48] 3-STEP 1 ¼ TURN L, "JAZZ TRIANGLE"

1-2-3 Turn ¼ L stepping L fwd, turn ½ L stepping R back, turn ½ L stepping L fwd (6:00)

4-5-6 Cross R over L, step L back, step R to R (6:00)