

Eyes Wide Shut

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Ryan Hunt (UK) - March 2024
音樂: Eyes Wide Shut - Alfie Templeman



Intro: 20 counts (after 11 seconds)

Rock Forward, Recover, Shuffle 1/2 Turn, Step 1/2 Pivot, Side Rock Recover Cross

1-2 Rock R forward (1), Recover on L (2)
3&4 Make 1/4 R stepping R to R (3) [3:00], Close L next to R (&), Make 1/4 R stepping R forward (4) [6:00]
5-6 Step L forward (5), Pivot 1/2 R taking weight onto R (6) [12:00]
7&8 Rock L to L (7), Recover on R (&), Cross L over R (8)

Side, Cross Behind, Chasse, Cross Rock 1/4, 1/2 Back, Out Out

1-2 Step R to R (1), Cross L behind R (2)
3&4 Step R to R (3), Close L next to R (&), Step R to R (4)
5&6 Cross Rock L over R (5), Recover on R (&), Make 1/4 L stepping L forward (6) [9:00]
7&8 Make 1/2 L stepping R back (7) [3:00], Step out/back on L (&) Step out/back on R (8)

Styling: try and dance counts &8 on your tip toes with a slight lean forward

Walk x2, Triple Full Turn, Rock w/ Body Roll, Recover, Out Out Ball Cross

1-2 Walk forward L (1), Walk forward R (2)
3&4 Make 1/2 R stepping L back (3) [9:00], Make 1/2 R stepping R forward (&) [3:00], Step L forward (4)
5-6 Rock forward R as you start to roll forward (5), Recover L as you complete body roll (6)
&7&8 Step R to R (&), Step L to L (7), Close R next to L (&), Cross L over R (8)

Lunge/Push, Recover 1/4, 1/4 Cross 1/4, Step 1/2 Pivot, 1/4 Side Together Forward

1-2 Lunge/Push R to R (1), Recover L as you make 1/4 L (2) [12:00]
3&4 Make 1/4 L stepping R to R (3) [9:00], Cross L over R (&), Make 1/4 R stepping R forward (4) [12:00]

Note: Keep steps small and succinct for 3&4

5-6 Step L forward (5), Pivot 1/2 R taking weight onto R (6) [6:00]
7&8 Make 1/4 R stepping L to L (7) [9:00], Close R next to L (&), Step L forward (8)

Tag – danced after Wall 3 [3:00], Wall 5 [6:00], and twice after Wall 8 [6:00 and 3:00]

Clock references relate to the first time the tag is completed facing 3:00.

Diagonal Step, Together, Step Together Step, 1/2 Diagonal Step, Together, Step Together Step

1-2 Step R into R diagonal (1) [4:30], Close L next to R (2)
3&4 Step R into R diagonal (3), Close L next to R (&), Step R into R diagonal (4)
5-6 Make 1/2 L stepping L into L diagonal (5) [10:30], Close R next to L (6)
7&8 Step L into L diagonal (7), Close R next to L (&), Step L into L diagonal (8)

Styling: for counts 1-8, raise same shoulder as foot i.e. on count 1, raise R shoulder and on count 2, drop R shoulder and instead raise L shoulder (and so on...)

Touch, Knee Roll, Touch, Knee Roll, 5-Step Run Full Circle, Step Forward

1-2 Touch R to R diagonal (1) [12:00], Roll R knee clockwise as you take weight onto R (2)
3-4 Touch L to L diagonal (3), Roll L knee anti-clockwise as you take weight onto L (4)
5&6&7 Making a full turn R on the spot, run in a circle R (5), L (&), R (6), L (&), R (7) [12:00]
8 Step forward L (8)

