

Shot of Spice

拍數: 32 牆數: 4 級數: High Improver
編舞者: Helena Jeppsson (SWE) - March 2024
音樂: Spicy Margarita - Jason Derulo & Michael Bublé



Side, together, fwd, shuffle, step ½ turn L, ½ turn L back lockstep

1 2 3 Step RF to right side, step LF beside RF, step fwd on RF
4&5 Step fwd on LF, step RF beside LF, step fwd on LF
6 7 Step fwd on RF, make a ½ turn left (6:00)
8&1 Make a ½ turn left stepping back on RF, lock LF in front of RF, step back on RF

Back, ¼ turn R, cross, step ¼ turn L x2 with hip roll

2 Step back on LF (facing 12:00)
3 4 Make a ¼ turn right stepping RF to right side, step LF in front of RF (3:00)
5 Make a ¼ turn left stepping RF to right side rolling hips counter clockwise
6 Finishing the hip roll stepping LF in front of RF
7 8 Repeat counts 5-6

Side rock, triple in place x2

1 2 Rock RF to right side, recover onto LF (facing 9:00)
3&4 Step in place R L R
5 6 Rock LF to left side, recover weight onto RF
7&8 Step in place L R L

Side, together, side triple w/ ¼ turn R, step ¼ turn R, cross shuffle

1 2 Step RF to right side, step LF beside RF
3&4 Step RF to right side, step LF beside RF, ¼ turn R stepping fwd on RF
5 6 Step fwd on LF, make a ¼ turn R
7&8 Step LF across RF, step RF to right side, step LF across RF (facing 3:00)

Start the dance again!
