First Avenue

拍數: 32

級數: Intermediate

編舞者: Austin Anderson (USA) - March 2024

音樂: First Avenue (feat. Joey Dosik) - Cory Wong

牆數:4

#32 count Intro (song starts right away, would advise waiting 32 counts). Start at the second 32 count beginning at 0:16.

[1-8]: Shuffle forward RLR left foot rock, right foot recover | long strut back left- long strut back right | left coaster step

- 1 & 2 RF-LF-RF slight shuffle forward (1&2)
- 3, 4 LF rock forward (3), RF recover (4)
- 5, 6 LF long backwards strut (5), RF long backwards strut (6)
- 7 & 8 LF back coaster step [LF-RF-LF] (7&8).

[9-16]: Jazz Box at 3:00 turn to at 6:00 | Jazz Box at 6:00 turn to 12:00.

- 1, 2 RF starts turning jazz box by planting at 3:00 wall (1), LF plants directly behind RF (2).
- 3, 4 RF plants at 6:00 wall (3), LF plants to left of RF at a fairly normal standing position (4).
- 5, 6 RF crosses over LF, staying at 6:00 wall slightly angled right (5), LF plants behind RF in the same direction (6).
- 7, 8 RF turns and plants towards 12:00 wall [most likely slightly angled left] (7), LF plants slightly ahead of RF, precisely facing 12:00 wall (8).

[17-24]: Hop forward RF hop LF back | RF back coaster step | full spin right turn | clap 3X

- 1, 2 RF hop rocking forward [LF suspended in air and bent] (1), LF recover (2).
- 3 & 4 RF back coaster step [RF-LF-RF] (3 & 4)
- 5, 6 ¹/₂ Turn R stepping LF back (5), ¹/₂ Turn R stepping RF forward (6)
- 7&8 Clap 3 times (7&8).

[25-32]: Stomp R Stomp L | "Hula" Full Rotation from Right Side | Hop RF Forward/LF Backward/RF towards 3:00/LF Hop Pivot Towards 9:00.

- 1, 2 RF stomp (1), LF stomp (2)
- 3, 4 [Arms at hips] bend right then forward (3), Bend left then back (4) [3 with 4 make "hula hoop" rotation].
- 5, 6 RF "rock hop" forward [LF suspended in air and bent] (5), LF recovers with a hop directly back (6).
- 7, 8 RF hops forward right diagonally [foot will plant slightly diagonally left] (7), LF hops pointing directly towards 9:00 wall (8).

End of 32 counts. The new starting wall will always be counter-clockwise.

No Restarts.

Optional tag to begin dance:

Since dancers will most likely wait 32 counts to begin the song, dancers may opt to begin the dance by starting with beats 29-32 (0:14) to go into the initial slight shuffle forward counts 1 &2. Thus, the 12:00 wall "shifts" to the 9:00 wall for the dance's initial 32 counts at 0:16.

[29-32] Hop RF Forward/LF Backward/RF towards 3:00/LF Hop Pivot Towards 9:00.

- 5(29), 6 (30) RF hop rocking forward [LF suspended in air and bent] (5), LF recovers with a hop directly back (6).
- 7(31), 8 (32) RF hops forward right diagonally [foot will plant slightly diagonally left] (7), LF hops pointing directly towards 9:00 wall (8).

End of the initial "waiting 32 counts." Dance begins at "9:00" wall.



