

Mama Mambo (Seniors)

COPPERKNOB
STEPSHETS

拍數: 16 牆數: 4 級數: Absolute Beginner
編舞者: KimSam (KOR) - February 2024
音樂: Mama Wanna Mambo (feat. Natti Natasha & Arturo Sandoval) - Meghan Trainor



Intro: 32 Counts - NO, TAG, NO RESTARTS,

[1- 8] SIDE MAMBO (R-L), FORWARD MAMBO, BACK MAMBO

1&2 Rock R to R side (1), Recover on L (&), Step R together (2)
3&4 Rock L to L side (3), Recover on R (&), Step L together (4)
5&6 Rock R Fwd (5), Step L recover on L (&), Step R together (6)
7&8 Rock L back (7), Step R recover on R (&), Step L together (8)

[9-16] FORWARD SHUFFLE, (R-L), SIDE MAMBO, RECOVER, 1/4 PIVOT TURN RIGHT TOGETHER, SIDE MAMBO, RECOVER, TOGETHER

1&2 Step R fwd L (1), Step L close beside R (&), Step R fwd (2)
3&4 Step L fwd L (3), Step R close beside L (&), Step L fwd (4)
5&6 Rock R to side (5), Step L recover on L (&), 1/4 turn right step R together L (6)
7&8 Rock L to side (7), Step R recover on R (&), Step L together R (8)

Learn the steps to exciting music.

We made it easy for seniors to learn the steps. Thank you for having fun with us

Have fun with line dancing - KimSam
