

Prada

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - February 2024
音樂: Prada (feat. RAYE & D-Block Europe) (Valexus Extended Remix) - cassö :
(Spotify/YouTube Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(Intro: 16 counts)

[S1] Fwd, Quick Full Turn, Touch, Hip Bump, Back, Back-Out-Out, Knee Roll In

1 Step forward on R
2&3 Roll forward- Making a ½ turn right stepping back on L, Making a ½ turn right stepping forward on R, Touch L next to R (12:00)
&4 Hip bump to the left, Replace
5 Step back on L
6&7 Step back on R, Step L out to the side, Step R out to the side
&8 L knee roll in, L knee out weight remains on R

[S2] Back Rock, 1/4R Chasse-Behind-Side, Cross Rock, 1/4R Shuffle Fwd-

1 2 Rock back on L, Replace weight on R
3&4 Making a ¼ turn right chasse left on L-R-L (3:00)
&5 Step R behind L, Step L to the side
6 7 Rock/cross R over L, Replace weight on L
8&1 Making a ¼ turn right shuffle forward on R-L-R (6:00)

[S3] -1/4R, Back-Lock-Back, 1/2L, Side, Back-Lock-Back

2 Make a ¼ turn right stepping back on L (9:00)
3&4 Step back on R, Lock L over R, Step back on R
5 6 Make a ½ turn left stepping forward on L, Step R to the side (3:00)
7&8 Step back on L, Lock R over L, Step back on L

[S4] 1/2R, 1/2R, Back Rock, 4x L Paddle Turn

1 2 Make a ½ turn right stepping forward on R, Make a ½ turn right stepping back on L (3:00)
3 4 Rock back on R, Replace weight on L
&5 Touch R to the side, Make a ¼ paddle turn left recover weight on L (12:00)
&6 Touch R to the side, Make a ¼ paddle turn left recover weight on L (9:00)
&7 Touch R to the side, Make a ¼ paddle turn left recover weight on L (6:00)
&8 Touch R to the side, Make a ¼ paddle turn left recover weight on L (3:00)

Ending suggestion: The last wall ends facing 3:00. Add an extra L paddle turn to the front.

(updated: 28/Feb/24)