

Please Go

拍數: 32 牆數: 4 級數: Beginner
編舞者: Charlotte Steele (SA) - February 2024
音樂: Bitte geh - Ireen Sheer



Intro: 16 counts from start of heavy beat. Start on main vocals. No Tags or Restarts.

Sec.1 R Toe-Heel (Sugarfoot). R Diagonal Kick x2. R Behind-Side-Cross-Touch.

1-2 Touch R toes to L instep (R knee in), touch R heel to L instep (R knee out)
3-4 Low kick R forward to right diagonal twice
5-6 Cross R behind L, step L to left side
7-8 Cross R over L, touch (point) L to left side (12:00)

Sec.2 L Toe-Heel (Sugarfoot). L Diagonal Kick x2. L Behind-Side-Cross-Hold.

1-2 Touch L toes to R instep (L knee in), touch L heel to R instep (L knee out)
3-4 Low kick L forward to left diagonal twice
5-6 Cross L behind R, step R to right side
7-8 Cross L over R, hold (weight on L) (12:00)

Sec.3 Rumba Box

1-2 Step R to right side, step L next to R
3-4 Step R forward, touch L next to R
5-6 Step L to left side, step R next to L
7-8 Step L back, hold (weight on L) (12:00)

Sec.4 Toe Struts Back x2. Pivot 1/4 Right Forward V-Step (Out-Out, In-In).

1-2 Step R toes back, drop R heel
3-4 Step L toes back, drop L heel
5-6 Pivot 1/4 right and step R wide to right, step L wide to left (out-out) (3:00)
7-8 Step R back to centre, step L back to centre (weight on L) (in-in)

Start Again

Dance ends on count 32 on wall 12 facing 12:00.

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