

# Big Al Boogie

拍數: 48      牆數: 2      級數: Phrased Improver  
編舞者: William Gresham (USA) - November 2023  
音樂: Albert Flasher - The Guess Who



**INTRO: 16 Counts**

**Sequence: AAB Bridge AAAB Bridge AA**

## Part A

### SA1: Lindy Right, Lindy Left

1 & 2      Step RF to R side (1), step LF next to R (&), step RF to R side (2)  
3 4      Rock back on LF (3), recover on RF (4)  
5 & 6      Step LF to L side (5), step RF next to LF (&), step LF to L side (6)  
7 8      Rock back on RF (7), recover on LF (8)

### SA2: Step ¼ Turn Right x2, Rock Back, Recover, Side Touch x2

1 2      Step RF to R side turning ¼ (1) (3:00), step LF to L side turning ¼ (2) (6:00)  
3 4      Rock back on RF (3), recover on LF (4)  
5 6      Step RF to R side (5), touch LF next to RF (6)  
7 8      Step LF to left side (7), touch RF next to LF (8)

### SA3: Rocking Chair, Cross, ½ Pivot Turn Left, Cross, ½ Pivot Turn Left \*\*

1 2      Rock RF forward (1), recover on LF (2)  
3 4      Rock RF back (3), recover on LF (4)  
5 6      Cross RF in front of LF (5), Pivot ½ L ending with weight on LF (6) (12:00)  
7 8      Cross RF in front of LF (7), Pivot ½ L ending with weight on LF (8) (6:00)

### SA4: Toe Strut Jazz Box

1 2      Touch R toe to L side (1), drop R heel (2)  
3 4      Touch L toe back (3), drop L heel (4)  
5 6      Touch R toe to R side (5), drop R heel (6)  
7 8      Touch L toe to L side (7), drop L heel (8)

**Last Wall: Dance all 4 sections of Part A, then dance SA3 counts 1-6, step RF to R side (7), slight hitch or flick of L leg (&), step LF to L side (8)**

## Part B begins 12:00

### SB1: Triple Forward, Step, ½ Pivot Turn Right, Rocking Chair

1 & 2      RF forward (1), LF next to RF (&), RF forward (2)  
3 4      Step LF forward (3), Pivot ½ R shifting weight to RF (4) (6:00)  
5 6 7 8      Rock LF forward (5), recover on RF (6), rock LF back (7), recover on RF (8)

### SB2: Triple Forward, Step, ½ Pivot Turn Left, Step ¼ Left, Touch, Step ¼ Left, Touch\*\*

1&2      LF forward (1), RF next to LF (&), LF forward (2)  
3 4      Step RF forward (3), Pivot ½ L shifting weight to LF (4) (12:00)  
5 6      Step RF to R side turning ¼ (5) (9:00), LF touch next to RF (6)  
7 8      Step LF to L side turning ¼ (7) (6:00), RF touch next to LF (8)

### Bridge after Part B: V-Step and Circle

1 2      Step RF diagonally to R forward (1), Step LF diagonally L forward (2)  
3 4      Step RF back into center (3), LF close next to RF (4)  
1-8      Walk eight steps in a circle beginning with RF stepping in front of LF to the L side

**\*\* Turn Option for SA3 counts 5-8 and SB2 counts 3-8**  
Turn ¼ left stepping RF to R side (3:00), Touch LF next to RF  
Turn ¼ right stepping LF back (6:00), Touch RF next to LF  
RF step to R side, LF step to L side (SB2)

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